

# KOUGAR PRIDE



the 1990s, the number of people in the UK who are aged 65 and over has increased from 10.5 million to 12.5 million, and the number of people aged 75 and over has increased from 4.5 million to 6.5 million (Office for National Statistics 2000). The number of people aged 65 and over is projected to increase to 15.5 million by 2020, and the number of people aged 75 and over to 8.5 million (Office for National Statistics 2000). The increase in the number of people aged 65 and over is expected to be due to a combination of factors, including a decline in the birth rate, a decline in the death rate, and a decline in the rate of emigration.

The increase in the number of people aged 65 and over is expected to have a significant impact on the UK's health and social care system. The number of people aged 65 and over who are in poor health is expected to increase from 2.5 million in 1990 to 4.5 million in 2020 (Office for National Statistics 2000). The number of people aged 65 and over who are in poor health is expected to be due to a combination of factors, including a decline in the birth rate, a decline in the death rate, and a decline in the rate of emigration.

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the 1990s, the number of people in the world who are obese has increased by 100% (World Health Organization 1997). In the United States, the prevalence of obesity has increased from 15% in 1980 to 25% in 1994 (Flegal et al. 1994).

Obesity is a risk factor for a number of chronic diseases, including coronary heart disease, stroke, type 2 diabetes, hypertension, osteoarthritis, and certain types of cancer (World Health Organization 1997). Obesity is also associated with a number of psychological problems, including depression, anxiety, and low self-esteem (Stunkard and Siskind 1982). The prevalence of obesity is increasing in many countries, and it is becoming a major public health problem. This paper reviews the prevalence of obesity in the United States and discusses the factors that contribute to its development.

## Obesity

Obesity is a condition in which a person has an excessive amount of body fat. It is usually defined as a body mass index (BMI) of 30 or greater. BMI is a measure of body fat based on a person's weight and height.

Obesity is a risk factor for a number of chronic diseases, including coronary heart disease, stroke, type 2 diabetes, hypertension, osteoarthritis, and certain types of cancer (World Health Organization 1997). Obesity is also associated with a number of psychological problems, including depression, anxiety, and low self-esteem (Stunkard and Siskind 1982).

The prevalence of obesity is increasing in many countries, and it is becoming a major public health problem. This paper reviews the prevalence of obesity in the United States and discusses the factors that contribute to its development.

## Prevalence

The prevalence of obesity in the United States has increased significantly in recent years. In 1980, the prevalence of obesity was 15%. In 1994, the prevalence of obesity was 25% (Flegal et al. 1994).

The prevalence of obesity is increasing in many countries, and it is becoming a major public health problem. This paper reviews the prevalence of obesity in the United States and discusses the factors that contribute to its development.

## Factors

There are a number of factors that contribute to the development of obesity. These factors include diet, physical activity, and genetics.

Diet is a major factor in the development of obesity. A diet that is high in calories and fat can lead to weight gain. Physical activity is also a major factor in the development of obesity. A sedentary lifestyle can lead to weight gain.

Genetics is also a factor in the development of obesity. Some people are genetically predisposed to obesity. This means that they have a higher chance of becoming obese than people who are not genetically predisposed to obesity.

There are a number of factors that contribute to the development of obesity. These factors include diet, physical activity, and genetics. This paper reviews the prevalence of obesity in the United States and discusses the factors that contribute to its development.

## Conclusion

Obesity is a major public health problem in the United States. The prevalence of obesity has increased significantly in recent years. This paper reviews the prevalence of obesity in the United States and discusses the factors that contribute to its development.





K O W G A R  
P R I D E

1973

KANKAKEE  
VALLEY  
HIGH SCHOOL

RRI BOX 34A  
WHEATFIELD  
INDIANA 46392

VOLUME >

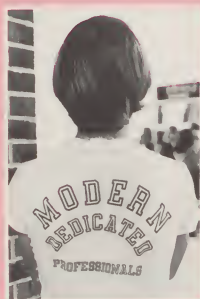
# THE NEW YEAR STARTS

Everyone goes to the school ahead of time to register, and get all squared away for the upcoming year, but yet, you've got a strange sensation. Although you've been to that same, massive, brick building, with its outdoor courts, located on those by-no-means prominent roads, almost, seemingly surrounded by trees, and yet . . . sprouting from the earth in the middle of a field, so many times before, — still you feel odd. The summer's not over, and it doesn't seem right going through those huge glass doors and entering that large, echoing main hall. It's like an omen of things to come, and for a moment, you stop to reflect on what it'll be like back in school, but then, back to the matter at hand . . . you proceed toward the guidance office to register. But there you find kids, and kids, and more kids. You spot a friend, exchange your first hellos, and decide to wander about rather than stand in a line that seems like it'll surely last for at least two days. When you return, you finally reach the counselors, you're handed some papers, a brief (and I mean brief) explanation, and shoved aside to keep things moving. With the question in your mind — "But, what do I do with this junk, how & when?" — you walk back out the doors, return to your car, and head for home — but not untouched by the somewhat gladdening, frightening, disgusting, or just plain realization of the inevitable future.





# STYLES OF





Anything from blue-jeans to fancy dresses, from short-shorts to maxis go. Everybody just goes about wearing whatever they darned well please, and doin' their thing as far as clothes go. And it doesn't matter whether their thing is as far from what everyone else is wearing as it can be, or whether it's the bobsy-twin look. They have clogs, tennis shoes, bobby socks, knickers, and saddle shoes. Long hair, short hair, no hair — anything goes.



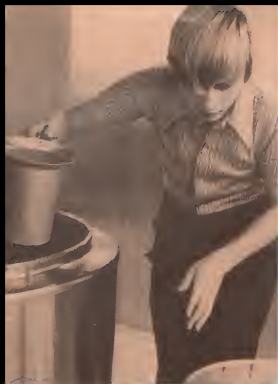
You may run out of things to do anywhere else in the world, it seems, but you can always have plenty to do while you're in school. It's as if you are constantly running, running, running either physically, &/or mentally twenty-four hours a day as long as you're involved in any way with school. There are so many things that you'd like to be in, so many things to do, and yet . . . it would seem that no matter what you decide on, there's never time enough for it all. There's school itself, schoolwork to do outside of

school, sports events, and then clubs and their activities on top of that. At times you might think that you go to school, straight to a club meeting, get home and rush off to a ballgame of some sort, and then home again to do your homework, and finally, back to school again, — seemingly, all without stopping even to take a breath. It's true that often times, you can expect to be bored right out of your mind, but you're always kept busy!



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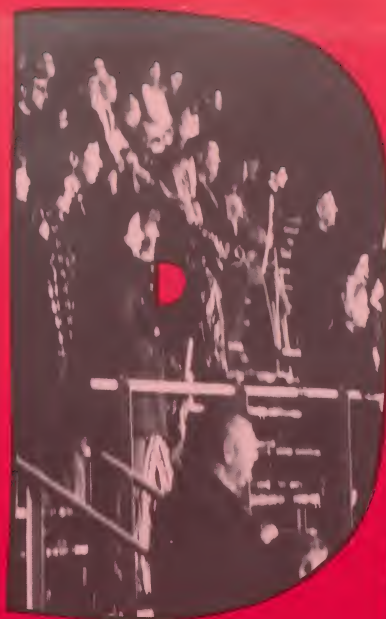




**SO  
MUCH  
TO DO**









# FOOTBALL

## ACTION





## menehunes fight hard and long

We lost a lot of games this year, and maybe we lost some of our spirit, too, yet, when the rain was pouring down and the bleachers were almost empty, the team kept on fighting.

Coach Hanacher introduced a new position on the team — the Menehune. They fought hard and long and did their best, and kept on hoping for a winning play.

The Kougars didn't have the best year for winning football games, but we had a great year for learning about defeat, and how to turn defeat into a victory for sportsmanship.



9th Grade			
K.V.	12	South Newton	8
K.V.	8	North Judson	36
K.V.	0	Thomas Jefferson	
		Volpo	30
K.V.	0	Rensselaer	6
K.V.	14	Ben Franklin	
		Volpo	36
K.V.	14	Twin Lakes	28
K.V.	6	North Newton	6





raininess and  
chilliness and  
mud puddles . . .

Seeing the Kougar Bougars once  
more.

Having the "girls" out on the floor.  
Finding out the Corvette we were  
going to use for the queen was  
wrecked a few nights before.

Watching Kathy get her crown.

Losing the game, as expected.

This was homecoming — like it or not!





VARSITY. ROW 1: Mike Bittick, Gary Bristol, Ron Barnett, Ray Conley, Laine Cheever, Don Ketchum, Tim Schultz, Mel Bozell. ROW 2: Paul Duttlinger, Mgr., Mike Hanley, Ray Luedtke, Ken Peregrine, Earl Bristol, Jeff Spurgeon, Mike Stalbaum, Bob Stalbaum, John Ludwig, Coach Daigle. ROW 3: Jim Wood Mgr., Don Drum, Randy Parker, Randy St. John, Bob Roorda, Joe Banks, Brain Bierma, Fred Van Schepen, Mgr., Coach Hamache. ROW 4: Ron Cates, John Conley, Bert Howard, Randy Gross, Ron Mak, Mitch Orsburn, Rich DeKock, John Compton, Roger Corbin.



#### VARSITY FOOTBALL SCORES

	KY	OPP.
South Newton	6	12
Frontier	0	24
North Newton	14	29
Winimac	25	12
Twin Lakes	0	12
East Gary	0	65
North Judson	13	14 OT
South Central	19	14
West Central	25	28
Renesslaer	13	36



JUNIOR VARSITY. ROW 1: Jeff Grevnstuk, John Spurgeon, Don Ketchum, Rusty Beedle, Dave Ricker, Bill Wonorski, Russell Drum. ROW 2: Paul Duttlinger, Mgr., Jim Wood Mgr., Tim Schultz, Don Drum, Branon Odle, Bob Gard, Bill Nemeth, Ron Patrick. ROW 3: Coach Flick, Mike Bittick, Rich DeKock, Randy Gross, Rich Meeks, Bill Mehay, Brian Liebke, Fred VanSchepen Mgr., Coach Patty. ROW 4: Roger Porter, Ronnie Mak, Mark Kingma, Kim Hopkins, Dave Jungels.



#### FRESHMEN FOOTBALL SCORES

	KV	OPP.
South Newton	12	8
North Judson	8	36
T. J. Valpariaso	0	30
Rensselaer	0	6
Franklin Valpo	14	36
Twin Lakes	14	28
North Newton	6	6



FRESHMEN. ROW 1: Jeff Pierson, Tim McClugage, Pat Lacefield, Billy Nanenga, Chuck Lovely, Jim Hunter. ROW 2: Jim Lewis, Mike Halliwell, Bob Nuss, Chuck Resard, Mark Lageveen. ROW 3: Coach Osburn, Ken Zylstra, Roger Walden, Chuck Liebke, Merle Cooper, Coach Tibble. ROW 4: Randy Haring, Randy Leudtke, Scott Terpstra, Al Hamstra, Don Compton, Darren Willianson, Mike Willoughby.

#### JV FOOTBALL SCORES

	KV	OPP
Lowell	20	44
North Judson	0	28
North Newton	14	6
South Newton	24	6
Twin Lakes	38	0
Twin Lakes	38	0
Winimac	34	6
Rensselaer	12	12







## powder puff

The guys have an entire season in which to play football, but in the middle of it all, for one night, the gals invade the field. This is our annual powderpuff football game, of course. Girls from throughout the high school work out to get in shape & to prepare for the big night. When that night arrives, they man their gear and romp on out to put on an absolutely hilarious game. Although it's not supposed to be tackle football, girls are falling to the ground (accidentally, of course!) all the way through the game, and the people roar & laugh hard enough to fall off the bleachers. It's a change of pace that all the girls enjoy, ... and the spectators love it!



# CROSS COUNTRY SCORES

24	Morgan Twp.	KV
26	Washington Twp.	31
	Winimac Invitational	5th
19	North Judson	38
15	Rensselaer	44
20	Twin Lakes	
40	Lowell	73
34	Divine Heart	21
17	South Newton	41
15	Tri-County	50
15	Chesterton	50
20	Knox	36
23	South Central	36
18	Hanover Central	43
	Conference	6th

Along with all of the major sports at KVHS, there's another, Cross Country. There was a change as far as meets went this year. The two mile run was changed to two and a half miles. With this new aspect, our first school record for the two and a half mile run was set at 14.34, by Ed Jamieson.

The team consists of eleven guys who were willing to run their tails off. This is a comparatively unglamorous sport which doesn't gain much recognition at all. The guys run from ten to fifteen miles a night for this sport, and the only thing they really get is self-satisfaction from doing their best. Some participate to condition for other sports, and some may join just to participate in a sport; but whatever the reason behind it, they deserve to be commended for the effort they put forth.



## CROSS COUNTRY



CROSS COUNTRY. ROW 1: Cathy DeGraff Minute Maid, Jim Bowers, John Konousky, Glen Barwegen, Luann Jonkman Minute Maid. ROW 2: John Sumara, Larry Coffey, Jeff Burns, Art Newbury, Brenda Terborg Minute Maid. ROW 3: Coach Hine, Ed Jamieson, Lance Cheever, Frank Olis, Bruce Ruisard, Phyllis Kingma Minute Maid.



## fall sports banquet

The fall sports were over and, with some regret, we marked the end of another season. To honor those Kougars who did their best in sports, we held the Fall Banquet. Here, the players were given awards and honor jackets. The Kougars may not have had their best season, but they kept trying, striving for a win, learning from their mistakes, taking pride in the fact that they are Kougars. In every respect, our boys, win or lose, are proud to be called Kougars.



## the crucible

The fall play this year was *The Crucible* by Arthur Miller. Although the play seemed mainly concerned with the witch trials of early Massachusetts, it really explored the fears and prejudices held in the souls of men.

The cast portrayed their roles convincingly, and the audience was caught up in the action. Perhaps *The Crucible* was the first serious, meaningful production that our Drama Department has presented. It won't be the last.

CAST: Betty Parris, Becky Walden; Reverend Samuel Parris, Tim Mitchell; Tituba, Kim Hunter; Abigail Williams, Cathy Hook; Susanna Wallcott, Lori Curr; Mrs. Ann Putnam, Lynda McCann; Thomas Putnam, Mike Bittick; Mercy Lewis, Trudi Johnson; Mary Warren, Cindie Crawford; John Proctor, John Compton; Rebecca Nurse, Celeste Pierson; Giles Corey, Mike Coffey; Reverend John Hale, Lance Cheever; Elizabeth Proctor, Kathy McClugager; Francis Nurse, Steve Sysma; Ezekiel Cheever, Greg Lovell; John Willard, Bob Jones; Judge Hawthorne, Tom Fletcher; Deputy-Governor Danforth, Mark Kingma; Sarah Good, Debbie Yurkovich; Hopkins, Ed Stockman; Mrs. Womelsdorf, director; Joan Kingma, assistant director.





ROW 1: Cathy Hook, Lynda McCann, Lori Curr, Cindie Crawford, Celeste Pierson; ROW 2: Joan Kingma, Tim Mitchell, Debbie Yurkovich, Trudi Johnson, Kim Hunter, Becky Walden, Mike Bittick, Kathy McClugage; ROW 3: Ed Stockman, Greg Lovell, Mike Coffey, Lance Cheever, Mark Kingma, Steve Sytsma, John Compton, Tom Fletcher, Bob Jones.



## future farmers of america

The fact that this school area obviously contributes greatly to the importance and popularity of FFA in this area. This organization is a group of guys who have a common area of interest, and who get together and share their ideas, learn together and have a good time.

Throughout the year, they participate in many, many activities ranging from selecting a chapter sweetheart to roller-skating, to cattle judging. All-in-all, the guys have a lot of fun, and also benefit greatly from their experiences in this organization.



FFA OFFICERS: *Row 1:* Mike Stalbaum, Frank Chernowsky. *Row 2:* Dave Hanewich, Dale Stalbaum, Ken Peregrine, Mike Hanewich



*ROW ONE:* Mr. Foster, Dave Hanewich, Dale Stalbaum, Ken Peregrine, Kathy Riggle (Sweetheart), Dan Stalbaum, Frank Chernowsky, Mike Hanewich, Mr. Odem. *ROW TWO:* Rich DeKock, Duane Kikkert, Earl Alderson, Ed Born, Mike Stalbaum, Bob Stalbaum, Raymond Rozhon, Dave DeVries, Larry DeKock, Jim Swart. *ROW THREE:* Randy Allen, Jim Walker, Doug Kaeb, Clifford Harring, Calvin Schoon, Bob Roorda, Wayne Wilder, Jeff Meyers, Dan Sipkema. *ROW FOUR:* Gary Kaluf, Brian McKittrish, Mac Stanbury, Ralph Sipkema, Jamie Hunter, Dale Kikkert, Randy Leudke, Roger Watson, Art Newbury. *ROW FIVE:* Jim Martin, Art VanKley, Jim Donnelly, Jim Lewis, Bernie Hamstra, John Sumara, Ed Coffer, Wayne VanHouten, Tim Burger, Larry Laster. *ROW SIX:* Jack Longsterth, Larry Klemp, Chuck Lovely, Larry Stroup, Randy Evens, Dave Hohnier, Simon Sipkema, Dave Hamstra, Marve Porter. *ROW SEVEN:* Rich Meeks, Ron Barnett, Brian Mak, Tom Mitchell, Rick Hilton, Ray Prater, Jo Williams.



## d.e.c.a is . . .

. . . Distributive Education Clubs of America.

. . . working at the 'Kave'.

. . . selling 'Smiling Scot' products and candy bars door-to-door.

. . . meeting people.

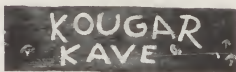
. . . not believing that your name was called as a winner at the district contest.

. . . being proud of your fellow members that won trophies at district.

. . . not believing the Seniors won all those trophies.

. . . trying to make money to go to the state contest.

. . . the happiness and pride of being part of something worthwhile.





ROW 1: Carol Deardorff, Shirley Boersma, Phyllis Moolenaar, Deb Yurkovich, Jan Duttlinger, Shirley Duttlinger, Terri Groet, Bev Musch, Diane Sipkema; ROW 2: Jeri Anderson, Lori Curr, Bev Brouwer, Tanya Williams, Trudi Johnson, Loretta Richie, Diane Liebbe, Phyllis DeFries; ROW 3: Tim Mitchell, John Compton, Curt Burnett, Joe Hittle, John Conley, Dave Ruisard, Steve Systema, Kent Fase, Dave Hanewich, Rich Wallin, Greg Hohner, Art VanKley, Mr. Walden.



Donna Hazelgrove, Ce-  
forns, Maureen Spriggs,  
ampton; ROW 3: David  
David Crim, Brian Myers,

## SUPER STUDENTS

From the title "Super Students" you might think National Honor Society members were a herd of stuck-up Einsteins. But that's not really the case. They are a bunch of "ordinary" kids who have had a "B" average, been in several clubs, and have 70% of the teachers on their side.

NHS's goal this year was a trip to Washington, DC, but they didn't quite make it, (only \$3000 short). Well, there is always next year.





VARSITY CHEERLEADERS: *LEFT:* Cathy DeGraff. *TOP:* Becky Walden, Kathy Klip, Rhonda Murphy, Terri Groet. *RIGHT:* Shirley Duttlinger.



J.V. CHEERLEADERS: LEFT TO RIGHT: Donna DeVries, Merolynne Lapsley, Luann Jonkman.



FRESHMAN CHEERLEADERS: LEFT TO RIGHT: Marcia Richards, JoAnn Polomchak, Donna Feleki, Donna King, Denise DeGraff.

## Cheerleading is

dissappointment  
 ecstatic joy  
 doin' your own thing  
 realizing in the middle of a  
 cheer that you're doing a differ-  
 ent one from the rest of the squad  
 fear  
 hard work  
 generating spirit  
 remembering *after* you've done  
 that wonderful flip that your  
 tights are at home  
 acting like a maniac in front  
 of an audience  
 kicking one of the players while  
 doing the school song & then falling  
 on the floor & having to finish  
 the song with one pom-pom  
 making spur-of-the-moment  
 posters  
 receiving ten-fold out of it  
 what you put into it





**BASKETBALL**

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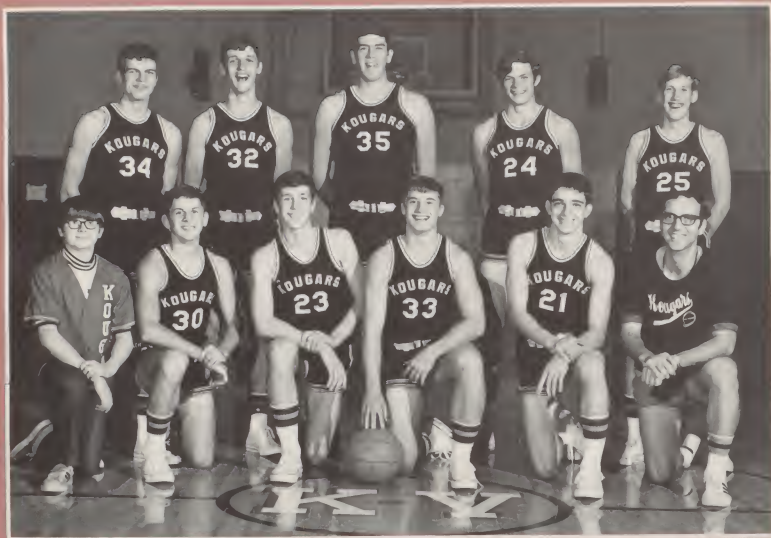




## basketball didn't flourish . . .

Another season of basketball has come and gone. Our over all statistical averages kept right up with our opponents averages, but since they didn't come together at the right times, and in the right ways, we didn't exactly flourish this year. Though our record wasn't spectacular this year, our guys can be proud of other things. It's true that, at times, disagreements and hustles came up, but they all stuck together and worked as a 'team', not individuals grouped together, whenever they touched that basketball floor. They kept trying when they were down, strove to climb back up when they were floored, and showed drive and determination for which all can be proud.





VARSITY B-BALL TEAM ROW 1: Paul Dutlinger, Manager, Randy Popplewell, Dan Hamstra, Jeff Spurgeon, John Conley, Rich McEwan, Coach. ROW 2: Bob Rhoorda, Andy Anderson, Chip Murray, Steve Sysma, Calvin Schoon.

#### VARSITY SCORES

	KV	OPP
North Judson	48	55
North White	40	50
South Newton	70	66
Knox	45	65
South Central	53	66
Winamac	71	64
Rensselaer	87	70
River Forest	78	66
Chesterton	57	53
Rensselaer	64	52
North Newton	58	80
Gary Emerson	64	60
Gary Wirt	63	77
Lowell	49	58
Hebron	78	76
West Central	55	50
Frontier	68	70
Tri-County	56	52
Boon Grove	56	57
Twin Lakes	61	65
Hebron	63	54

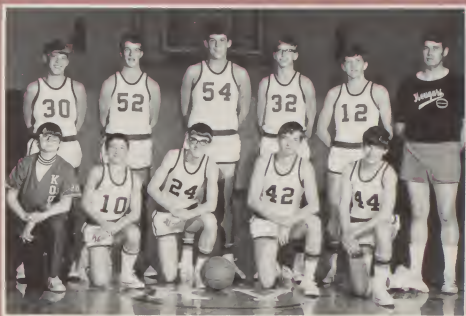




### FRESHMEN SCORES

	KV	OPP
Thomas Jefferson	39	43
Hanover Central	52	34
Lowell	38	49
Hebron	47	40
South Newton	37	50
Lowell	26	44
North Judson	34	38
North Newton	42	22
Rensselaer	47	38
South Newton	38	29
Winimac	48	37
Twin Lakes	47	53
West Central	63	55
Tri-Country	31	45
Boone Grove	58	33

J.V. B-BALL TEAM. ROW 1 (L. TO R.) Paul Tuttlinger, Manager; Steve McGilly, Randy Scott, Jeff Grevenstuk, Tim Gobbie. ROW 2 (L. TO R.) John Spurgeon, Kim Hopkins, Mark Kingma, Bill Tillema, Bill Mehay, Jack Helms, Coach.



### JUNIOR VARSITY SCORES

	KV	OPP
North Judson	35	26
North White	35	34
South Newton	44	36
Knox	24	35
South Central	38	44
Winimac	43	54
Rensselaer	44	29
River Forest	57	35
North Newton	51	37
Gary Emerson	29	58
Gary Wirt	37	38
Lowell	39	32
Hebron	35	36
West Central	35	42
Frontier	40	56
Tri-County	38	44
Boone Grove	44	42
Twin Lakes	30	38



FRESHMAN TEAM. ROW 1 (L. TO R.) Tim McCluggage, Randy Holtberg, Glen Barwegen, Willis Pettei, Keith Colfer. ROW 2 (L. TO R.) Coach Flick, Bill Nannenga, Roger Homier, Mark Lagaveen, Mike Willoughby, Scott Terpstra, Alvin Hamstra, Bob Cheever, Larry Stubblefield, Ron Heiring, Coach Daigle.



## our best year yet . . .

This last '72-'73 season was our best season in wrestling so far. We managed to come up with the strongest team we've had yet in our three year history.

Our J. V. team was undefeated, and while the varsity team didn't have a winning season, they showed quite well at various tournaments and contests. Being in only our second year in the Northwest Hoosier Conference, we placed second out of six teams. We had three Conference champs this season — Earl Bristol, Rusty Beedle, and Ken Peregrine. We also placed second in the LaLumiere Invitational — which brought home a trophy.

At the sectional, we placed fourth among nine teams, and had three sectional winners — Rusty Beedle, Ken Peregrine, and Ray Luedtke. Ken Peregrine and Ray Luedtke went on to place fourth in the regional contest. Finally, from the eight teams at the East Gary Tournament, we had one champ — Rusty Beedle.

Three trophies were given this year: Most reversals — Gary Bristol — 21; Most takedowns — Ken Peregrine — 22; Most pins (most important) — Ken Peregrine — 14 which breaks the old season record of 7 which was set by the same person.

### KOUGAR GRAPPLER SCORES

	KV	OPP
Portage	15	43
La Lumiere Tourney	2nd	
Rensselaer	33	35
Crown Point	15	44
North Judson	48	15
Rensselaer Invitational	3rd	
Conference	2nd	
North Newton	35	38
Twin Lakes	30	39
East Gary Tourney	4th	
Winamac	24	38
Sectional	4th	
Regional	10th	

## WRESTLING



## ACTION





KOUGAR GRAPPLERS. ROW 1: Ray Conley, Mark Simmons, Jim Barera, Jim Lewis, Don Jongwaard. ROW 2: Bill Wonorski, Larry Coffler, Larry Laster, Gary Bristol, Darren Williamson. ROW 3: Coach Nimtz, Ray

Luedtke, Randy Parker, Ron Patrick, Mike Coffler, John Roorda, Earl Bristol, Coach Tibbie. ROW 4: Brian Bierma, Milt Roorda, Ken Peregrine, Randy Luedtke, Rusty Beedle, Mel Bozell.



## A 'SNOOPY' CHRISTMAS

As you walked into the Christmas dance, you found yourself entering a huge door to a doghouse. Once you were inside, you were surrounded by Snoopy's winter wonderland. You saw him immediately decked out in his stocking hat and scarf, and he had decorated his house and tree with lights.

There were lighted candles on each table whose flickering seemed to confirm throughout the atmosphere of the room, the warmth and good cheer of the yule-tide season. Stockings had even been hung by the chimney with care, and only a real, live fire inside, could have made the fireplace more convincing.

Among the twinkling lights and tinsel, the gals in their long dresses, and the guys with suits, danced for hours, enjoying every moment.





Kathy Riggie, 1972-73 Sweetheart



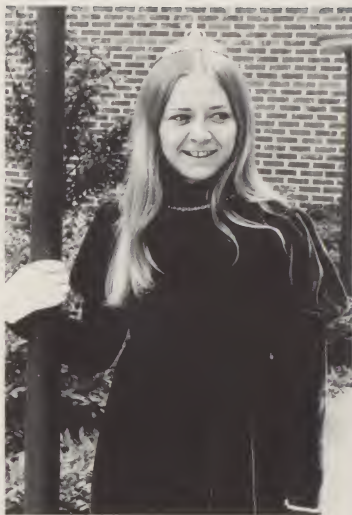
Edna Nannenga



Cathy Schoon



Kim Whitaker



Rose Harrington, Sweetheart

## FFA SWEETHEART

An armload of roses and a sparkly crown went to Rose Harrington, junior, the night of February 3. It was halftime during the Frontier game when Kathy Riggie, last year's FFA Sweetheart, crowned Rose, thus naming her the new Sweetheart.

Other candidates for the title this year were junior Edna Nannenga and sophomores Cathy Schoon and Kim Whitaker. H. Dan Stalbaum escorted the newest Sweetheart off the gym floor.

These girls were later honored at the dance that followed the game. Rose now began a year of official duties which includes acting as hostess at all meetings and dinners for the boys.

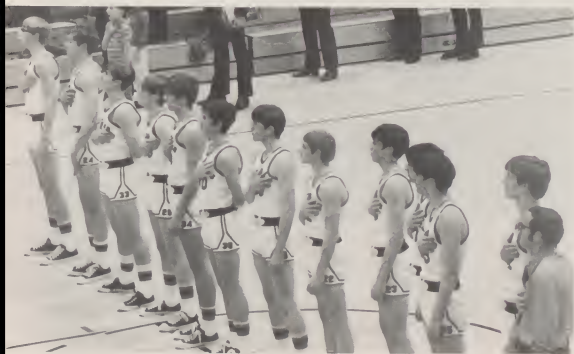
## kv's second sectional

The Kankakee Valley Sectional got long after the first night. We lost. But the preparation was fun and work was interesting. The feeling of pride never quit because of defeat, but found new outlets in the quality of service and efficiency with which the refreshments were served and the guest accommodated.

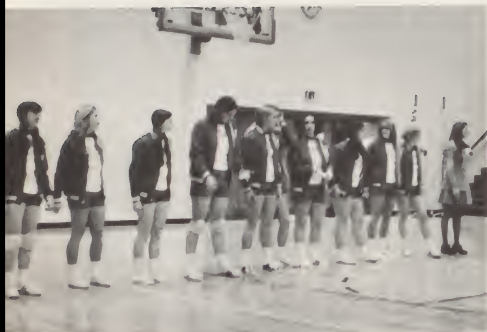
Most of us were happy that it was "little" Hebron who went home with our nets instead of "rival" Rensselaer.











# G A A



GAA ROW 1: Coach Pantos, Karen Richie, Peggy Patterson, Rose Anderson, Lisa Halliwell, Barb Beedle. ROW 2: Cathy Capouch, Diana Huhn, Joan Kingma, Lorretta Richie, Bev Brouwer, Cheryl Bryan, Betty Terpstra, Shiley Boersma. ROW 3: Debbie Thomason, Cindy Muriada, Linda Miller, Glenda Richie, Cindy Nelson, Jeanette Russell, Rita Kurtz, Debbie Hixson, Debbie Shelton. ROW 4: Carolyn Clutts, Brenda DeVries, Marla King, Joyce Bierma, Janet Stonebraker, Terri Swart, Rhonda Knezevic, Margaret Stimple, Merrolynne Lapsley. ROW 5: Donna Feleki, Peggy Mckim, Cheryl Howard, Sara Carter, Donna DeVries, Chris Enlow, Annette Fischer, Jules Barker, Sandy Fase.

# LETTERMEN



ROW 1: Bob Roorda, Ed Jamieson, Earl Bristol, Jerry Lauritis, Mike Hanley, Mel Bozell, Rick Holley, Mr. Helms; ROW 2: Mike Colfer, Joe Banks, Roger Corbin, Jeff Spurgeon, Ray Leudtke, Ken Peregrine, Randy St. John, Brian Bierma, Bert Howard; ROW 3: John Ludwig, Laine Cheever, Joe Hittle, Lance Cheever, Frank Olis, Kim Hopkins, Mitch Osburn, John Conley, Bob Stalbaum; ROW 4: Gary Bristol, Ray Conley, Steve Sysma, Mike Bittick, Bruce Ruisard, Earl Alderson, John Compton, Mike Stalbaum, Ron Barnett.





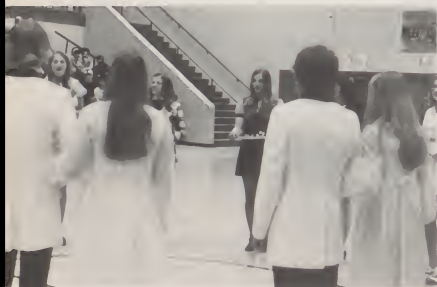
## heartfund

The Heartfund for K.V. is pure rivalry.

Each class first chooses their "queen." Then the classes go door-to-door, friend-to-friend, and teacher-to-teacher, to get more donations for the Fund than the other classes did, as the story goes.

When the big night came, the Juniors and Seniors were sure 'their' class won. As it turned out, the Juniors were right. The order went; Juniors, Seniors, Sophomores, Freshmen.

As it goes each year, this year we collected more than the year before. Hopefully next year it will be the same.



ROW 1: Lori Curr, Kim Hunter, Barb Beedle, Sandy Kaeb, Loretta Richle, Tanya Williams; ROW 2: Mr. Sakel, Bev Brouwer, Phyllis Moolenaar, Betty Overbeeke, Shirley Boersma, Jean Nannenga, Debbie Yurkovich; ROW 3: Ed Stockman, Betty Terpstra, Rich Wallin, Deb Schultz, Glenda Welch, Bev Musch, Lynda McCann.



future  
teachers  
of america



chess  
club



ROW 1: Doug Hendricks, Larry Postma, John McIntosh, Roger Corbin; ROW 2: Mark Tysen, Roy Gouwens, Ernie Wilson, Don Longstreth, Kevin Loser, Ray Gouwens, Dave Kenning; ROW 3: Keith Peregrine, Kent Marquardt, Bob Borns, Jet Traster, John Britt, Bill Wonorski, Dave Longstreth; ROW 4: George Stein, Jim Tilliger, Mark Jabaay, John Konovsky, Mark Lagaveen, Pat Lacefield, Chuck Liebe, Brian Hohner; ROW 5: Mr. Barnes, Scott Marquardt, Nancy Oezer, Celeste Pierson, Merolynne Lapsley, Steve Compton, Jim Bowers.

## student council

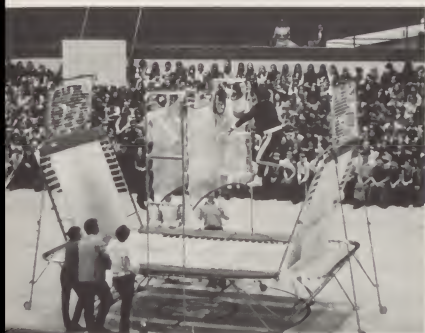
The Council always sponsors the homecoming ceremonies, the convo.s, and sectional week, but this year they bought the school a tree, a Christmas tree. The tree was big enough to go through the 'Pit' and up to the second floor ceiling.

Of course that was only one of the 'little' things that the Council did this year, but it was one of the nice things that made this years council different from the others.



ROW 1: Tim Mitchell, Betty Terpstra, Sue Lowe, Ray Luedtke; ROW 2: Mrs. Hanger, Celeste Pierson, Calvin Schoon, Gary Bristol, Mike Bittick, Mr. Abbring; ROW 3: Ron Patrick, Cindy Muraida, Kathy McClugage, Paul Duttinger; ROW 4: Cathy Castle, Debbie Campbell, Jill Kruizenga, not present — Connie Fletcher.





Shelby

KANTAMEE VALLEY  
**SCHOOL**  
CORPORATION  
ADMINISTRATION  
OFFICE



## superintendent's office

Well, it has been said that everyone has someone to answer to, so here is the top man of the school system and his staff.



TOP LEFT: Paul E. Scamihorn, Superintendent. LEFT: Sue Allen. RIGHT: Marylou Koczak.

“miss richardson, you’re working so hard.”

Guidance is firm and sometimes gentle but always friendly. It’s a place to argue with an adult and know it’s in fun (or hope). It’s a source of candy if you’re quick and can maneuver yourself near the candy dish while shouting at Miss Richardson about how “hard” she’s working. It’s the nurse’s office waiting room and the treasurer’s lobby all rolled into one busy cross-section of activity.



TOP RIGHT: Carolyn Richardson, Guidance.  
LEFT: Carolyn Hatton, Nurse. RIGHT: Jane Stimple, Guidance Secretary.





LEFT: Susan Schriefer, Treasurer. BELOW:  
Mary Lou Traster, Guidance.





Wayne Crawford Ass't principal



office girls



## psycho-analyst dream world

KV's main office might qualify as a psycho-analyst's dream world. For — there, in that hub of activity, one can study the changing moods of man, especially those of Mr. Ryska and Mr. Crawford.

At times the two top administrators might be merely relaxing, but the minute a student caught skipping school or classes or caught smoking enters the scene — the mood quickly alters to seriousness and discipline.

One observes another mood in the person of Mrs. McClugage. Our school secretary combines pleasantness, humor, efficiency, and understanding as she helps untangle the daily problems of KVHS. 1973 saw her display further skills as she did cartwheels one day.

Or how about analyzing the office behavior of Mr. Hamacher? Kankakee Valley students who frequent the main office are all familiar with the athletic director's little boy antics, even though his singing, running and skipping at first bewilder the viewer (or the analyst.)

ABOVE: Wyane Ryska, Principal



RIGHT: Dale Hamacher, Athletic Director; ABOVE: Janet McClugage, Secretary.



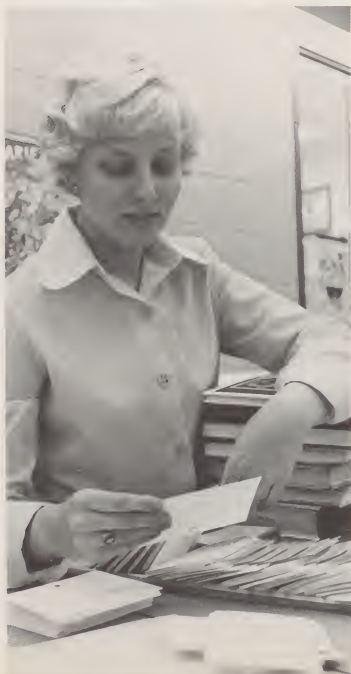
Dan Koenig  
A-V Director



Sylvia Smith  
Librarian



Pheobe Clapp  
Library Aide



LIBRARY AIDES. LEFT: Betty Postma, Ann Knezevic; RIGHT: Brenda Terborg, Linda Hoffman, Pam Goetz, Cheryl DeBourbon.

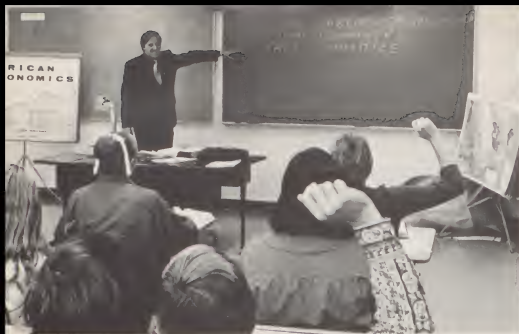


## projectors, papers, elevators, and halls

Working in the Media Center does entail a lot of work at times, but there is always someone around to see you through. It's running around the halls, going up and down the elevator, finding films, making copies of papers, fixing projectors, filing things, almost anything imaginable. Besides the work, there's also goofing around with other assistants and having parties when Mr. K. is gone.



A-V ASSISTANTS. FRONT: Dawn Stalbaum, Deb Hockett; SEATED: Darrell Patton, Dale Ahlmeier; KNEELING: Lance Cheever, Earl Bristol, Gary Bristol, Jim Bowers; SEATED: Roger Jungles, Jerry Lauritis, Tom Fletcher, Kent Zylstra, Randy Holtberg, Dave DeVries; STANDING: Ed Born, Randy Reno, Keith Peregrine, Bob Gard, Mark Lageveen, Rick Holley, Bob Nuss, Mr. Koenig.



Thomas Bolka



Lary Sakel



Robert Nimtz





## american studies challenges . . .

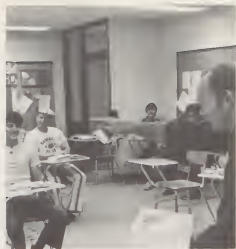


The Juniors were faced with a special challenge this year. A course entitled "American Studies" was offered for the first time. A mixture of American Literature and U.S. History, this course required a certain number of points to receive a given grade. It wasn't always easy, but it proved an interesting course.

In the regular classes Mr. S. sang for his students, Mr. K. got his class involved in a world war simulation, and Mr. B. drove his students up the wall.

That was OUR Social Studies department.





# English



Joe McFarland



Dale Osburn

Lenore Koenig

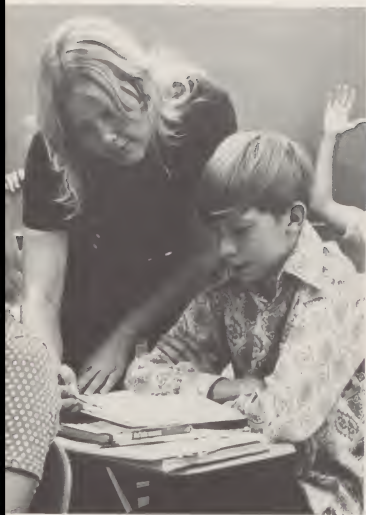


Sally Swartzell



Veral Hanger





## a never-ending experience . . .

Verbs, nouns, sentence patterns, literature — where does it all end? It doesn't. English is a never-ending experience. The more you know, the more left to learn. Whether it's English Literature, creative writing, or English grammar, English is an experience that opens new doors to understanding, and supplies the keys to open more.



Speculum DRAMA CLUB); ROW ONE: Cathy Hook, Lori Curr, Cindie Crawford, Celeste Pierson, Marcie Knopf. ROW TWO: Cheryl Bryan, Lynda McCann, Cindy Nelson, Sue Lowe, Joan Kingma, Debbie Yurkovich, Becky Morris, Tanya Williams. ROW THREE: Mrs. Womelsdorff, Bev Brouwer, Betty Terstra, Trudi Johnson, Shirley Boersma, Kim Hunter, Phyllis Kingma, Kathy McClugage, Tom Fletcher. LAST ROW: Tim Mitchell, Ed Stockman, Rich Wallin, John Compton, Steve Sytsma, Ed Jamieson, Greg Lovell.



## meet the press

Work, getting the facts, recording them, getting the assignments written, and in before the deadline. Typing, justifying margins, 1,2,3,4, etc. Headlines, cartoons, the editor losing her marbles, chaos, layout sheets, behind the deadline, Mr. Osburn wondering, rush to the AV room, "Help! Mr. Koenig", the press rolling, staples, assembly-line production. Page, page, page, staple, bend, fold, mutilate.



Exemplum — Lori Curr, John Compton, Tim Mitchell, Tanya Williams, Shirley Duttlinger, Celeste Pierson, Cathy Capouch, John McIntosh, EDITOR — Lynda McCann, Asst. EDITOR — Cindie Crawford.

# mrs. w., do we have to? but i'm not ready.



Carole Womelsdorf

Looking for speeches of famous people, writing your own and learning them well, giving yourself a shave for one of your demonstrations, and learning not to be too nervous in front of people. That was speech.

Doing pantomimes, performing scenes from "Fiddler on the Roof", "Streetcar Named Desire", and other plays, and giving monologues.

Asking: "Mrs. W., do we have to?"

Then; "But I'm not ready."

Then hearing Mrs. W. say; "Dad-gum it!"

That was Drama.



NEWS BUREAU — SEATED: Lyn McCann. STAND-  
ING: Tim Mitchell, Tanya Williams, John Compton,  
SPONSOR — Mr. Osburn.



Valley Views (NEWSPAPER) — FIRST ROW SITTING: Cathy Capouch, Luann Klemp, Glenda Ritchie. AT  
TYPEWRITER: Lyn McCann. SECOND ROW KNEELING: John Compton, Tim Mitchell, Cheryl Rice, Celeste  
Pierson, Darryl Patton, Gail Zylstra. SEATED AT TABLE: Cindie Crawford, Tanya Williams, Babs DeMoss, Judy  
Harper, Cathy Schoon. BACK ROW: Mr. Osburn, Doreen Woods, John McIntosh, Steve Compton, Kim  
Hunter, Kathy Nelson, Jan Kampinga, Lucy Sabuda, Scott Cornett, Kema Deeburg, Debbie Marshall, Donna  
Bubalo, Lori Curr.





Alan Sheppard



Herman Walden



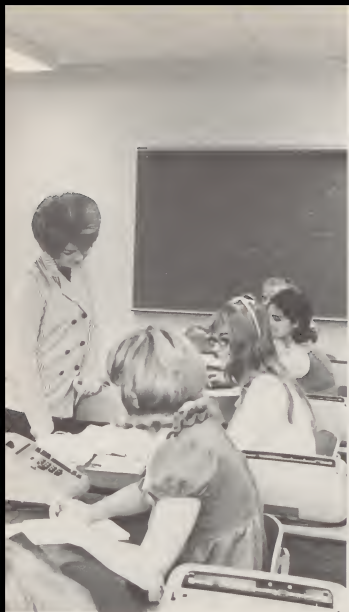
Roland Martin

Jerry Hale



Diana Zacher





business is math, english,  
and the alphabet.

Business classes are a combination of math, English, and the alphabet. Typing, bookkeeping, DE, ICE, and general business all add up to one thing: a knowledge of business and its workings. Maybe your fingers don't hit the right keys and your columns never seem to add up right, but somewhere there's a purpose behind it all.





Linda Lippert



Martha Krohn



Shirley Yoeman





but the eating part  
in cooking isn't bad . .

All girls must, of course, learn to cook, sew, and manage a household, so that is where our Home Ec. department comes in. Often, Home Ec. is considered an easy course, but there is lots of work involved, too. Like when the seniors tried to make blazers. They never thought that those jackets would be SO much work. And those tests, well they aren't easy. But the eating part in cooking isn't too bad. The finished dresses and pants and such are usually nice to have, too; so, all in all Home Ec. is a learning experience, with fringe benefits.





Al Patty



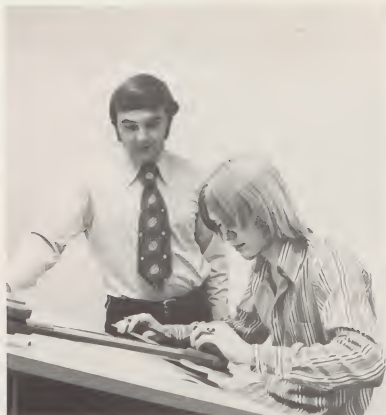
J. D. Foster



Richard Hershman



Ron Hine







## cars, chess boards and rulers . . .

The girls have their home ec. department, . . . and the guys have their shop classes.

Buzzing, hammering, sawing, measuring, figuring, tinkering — using machinery to build beautiful furniture, useful knick-knacks, or interesting *things* (like making chess boards to sell in the 'Kave.'). Or goofing around with old cars and engines, to improve them.

Doing what you're suppose to, and a few things that you're not. Whatever you can get away with to have a good time.



## pe students canoe for exercise

A canoe trip from Crawfordsville marked the finish of a novel experience in physical education this year. We played volleyball, soccer and the usual group sports, but time was allowed for archery, square dancing and trampoline.

The President's Physical Fitness Program was incorporated into the program and test given early this May indicated those who met the standards set out by the Commission.

Co-ed activities and the rise of girls' participation in inter-mural sports caused the Kougars ladies to become more involved in the PE program.





Connie Flick



Sue Pantos



Charlene Groet



Rich McEwan

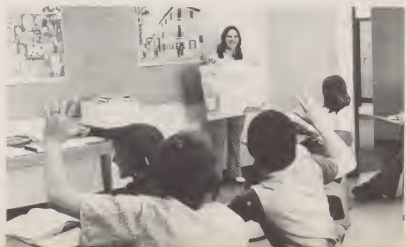
## languages go independent

Since we've been in the new building, we've acquired a good many great new facilities. Among these are those contained in our language lab, it is now possible for our students to develop their French and Spanish skills more individually.

Toward the end of the year, a new independent study program was set up for the language students, which was aided immensely by the lab equipment. This is a constantly changing department as the use of facilities is developed still further.



William Barnes



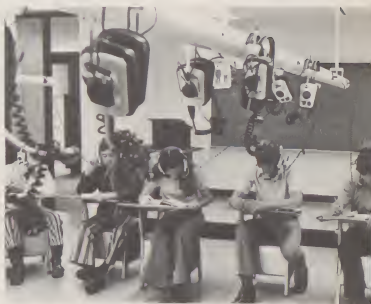
**FRENCH CLUB, ROW 1:** Cheryl Yukovich, Kathy McClugage, Bev Musch, Debbie Yurkovich, Pam Ketchum, **ROW 2:** Mrs. Barnes, Debbie Lovely, Bonnie Anderson, Diane Hoffman, Randy Poppellwell, Larry Summers, Kieth Coffey, Larry Donis. **ROW 3:** Charlie Riggie, Donn Gobbie, Maureen Spriggs, Kathy Hoffman, Barb Misch, Tom Marcum, Rich Bryan. **ROW 4:** Scott Summers, Phyllis Kingma, Cindy Nelson, Luann Caldanaro, Wanda Smith, Tanya Williams, Tim Mitchell, Trudi Johnson, Joan Kingma. **ROW 5:** Brian Hohner, Bob Borns, Debbie Peregrine, Marla King, Anna Misch, Pam Jefferson, Curt Burnette, Denise DeGraff. **ROW 6:** Cathy DeGraff, David Fieldhouse, Bill DeVries, Jeff Meyers, John Spurgeon, Brenda Owens, Jackie Green, Karen Birkey, Luann Jonkman.



Okel Barnes



**SPANISH CLUB, ROW 1:** Diane Sippkema, Tanya Williams, Dave Ruisard, Debbie Yurkovich. **ROW 2:** Jeanne Curtiss, Debbie Owens, Debbie Burns, Kathy Rector, Peggy McKim, Cheryl Howard, Chris Jungels, Cathy Castle. **ROW 3:** Marla Pruis, Mary Halliwell, Lynda McCann, Cathy Capouch, Donna Bubalo, Debbie Nagel, Marcia Duttlinger, Coleen Schultz. **ROW 4:** John McIntosh, Sue Slawnikowski, Bev Ooms, Rhonda Sippkema, Merolynne Lapsley, Jan Duttlinger, Jeff Grevensuk. **ROW 5:** Randy Gross, Cheryl Riggie, Laura Goemaat, Janet Schultz, Margaret Stimple, Brenda Terborg, Phyllis De Fries, John Compton. **ROW 6:** Dan Hamstra, Nancy Miller, Janice Furst, Becky Hoehn, Pat Justice, Julie Barker, Sandy Fase, Marilyn Hamstra.





## seeing, understanding, and creating

Seeing, understanding, and creating are the key words in art. It is essential for man, in order to express himself either visually or verbally, to not just look around him, but rather to see what is there. Whether it be beauty, ugliness or tragedy, man must see and then make an effort to *understand* what is happening in his world. He must form judgements and then by *creating* artistically express himself in a visual way.

All past civilizations have left records through their artwork. Much of what we know of the past is due to man's desire to communicate through the arts. It is no different today.

It is the desire of the art department to open up to our students an appreciation for art, and to teach them basic skills that will enable them to say something visually about the world in which they live.



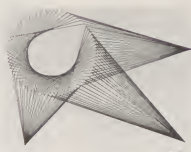
Doris Myers



Jeanne Grieser



ROW ONE; Chris Brown, John Ludwig, Jayne Kruizenga, Lisa Halliwell, Sue Lageveen, Sue Lowe, Mary Castle. ROW TWO; Angeline Bubalo, Joyce Bierma, Nancy Oezer, Betty Postma, Rose Anderson, Bev Brouwer, Tom Fletcher, Miss Greiser. ROW THREE; Faye Curtis, Virginia Doty, Sandy Carter, Mike Meditz, Annette Fischer, Rex Jones, Rose Harrington, Betty Bierma. ROW FOUR; Phyllis Moolenaar, Shirley Boersma, Kim Starkey, Andy Anderson, Jim Szabo, Greg Lovell, Ron Ferguson, Shirley Duttlinger.



POM-POM GIRLS. ROW 1: Debbie Jefferson, Pam Jefferson, Connie Fletcher, Dana Iffert, Terri Messer, Shirley Baggerly, Judy Bullington; ROW 2: Kathy Rector, Dolly Drake, Sandy McCann, Terri Swart, Maureen Spriggs.



Van Bialon

## beautiful music (?) . . .

The K.V. Music Department is . . .  
 . . . the Pom-Pom girls in a straight line  
 and in step, SHOCK.  
 . . . selling shampoo for money for  
 more uniforms.  
 . . . the Jazz Band at the Art Show.  
 . . . the pep band really living it up at  
 the basketball games.  
 . . . Lance leading the whole band at  
 the football games.  
 . . . having fun making beautiful music  
 (?) and getting credits for it.



BAND. ROW 1: Loretta Richie, Jeff Grevenstuck, Phyllis Compton, Julie Spurgeon, Terri Groot, Janis Furst, Donna Feleki, Cindy VanKeppel, Colleen Holtbeg, Emma Haring; ROW 2: Diane Liebbe, Wanda Smith, Mike Anderson, Brenda Defries, Joellyn DeYoung, Marla Prujs, Denny Nagel, Lavana Mills, Cindy Nelson, Diane Hoffman, Marilyn Stimple, Bev Musch, Connie Belstra, Kim Hopkins; ROW 3: Diane Sipkema, Brenda Moolenaar, Janet Schultz, Anita Goetz, Karen Blankenbaker, Coeb Spriggs, Jeanie Curtiss, Laine Cheever, Lance Cheever, Jeri Anderson,

Carol Glan, Byron Schull, Jim Bowers, Jeff Spurgeon, Chuck Liebbe, Larry Fieldhouse, Mark Kingma, Brian Liebbe; ROW 4: Dave Ruisard, Randy Holtberg, Jet Traster, Marilyn Hamstra, Karen Richie, Dan Hamstra, Phyllis Defries, John Spurgeon, Glen Barivegan, Steve Compton, Mark Jabay, Mitch Orsburn; STANDING: Larry Granet, Dale McMahan, Ken Calhoon, George Koselke, John Britt, Myron Rhodes, Charles Riggie, Steve Bedford, Randy Ferguson, Dan Sipkema, Mr. Bialon — Director.



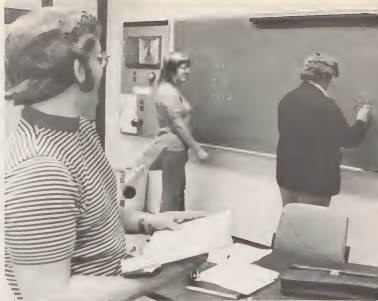
BAND OFFICERS: Mr. Bialon, Marilyn Hamstra, Dave Ruisard, Diane Liebbe, Loretta Richie.



## how high, how far, how many . . .

An immensely important department is, of course, the Math Department. It is due to the presence of this department that we are able to tell by how many points we lost a ballgame. Without it, how could our students know how many wacks they got from Mr. Crawford. And last, but not least, how else could you determine how many minutes and how many steps it takes to get to your next class without getting there early?

On the other hand, you could learn to tell how tall the school is by looking at the flagpole; figure the probabilities of some really strange things happening; or calculate the number of stars in a given area of the sky, and how long it would take to get to them. Whatever you might do with math, is, what it is.



MATH CLUB. ROW 1: Celeste Pierson, Jan Duttlinger, Bev Musch, Pam Ketchum; ROW 2: Brian Hohner, Bob Borns, John McIntosh, Curt Burnett, Larry Postma, Mr. Taylo; ROW 3: Ken Compton, David Crim, Greg Hohner, Mark Tysen, John Roorda, Oren Mason.





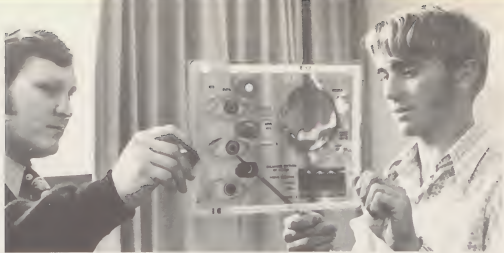
Norman Abbring



Robert Taylo



Robert Johnston



David Bonham

Jack Helms

Timothy Plomaritis



# plants grew and frogs got dissected . . .

Gerbils and trees are on the increase at KV as the science department initiated an involvement program for students. A new ecology club sparked interest in classroom studies on ways to save the environment from man's abuses.

Mr. Plomaritis experimented and presented films to liven class inter-

est, but extra curricular scientific experiments proved more exciting for some.

Plants grew and frogs got dissected in the interest of science, but also simulations were played to get real-life feeling for solutions of problems science has inherited.

Thomas Singer



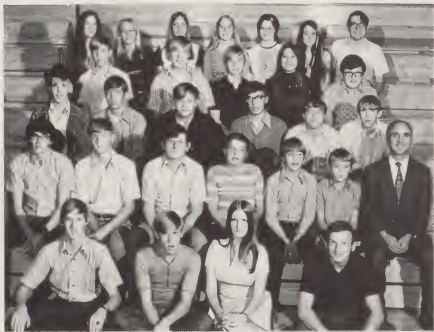
ECOLOGY CLUB, ROW 1: Carol Deardorff, Bruce Ruisard, Becky Walden, Kim Hunter; ROW 2: Lori Curr, Annette Fischer, Carol Glass, Chris Enlow, Tom Fletcher, Greg Lovell; ROW 3: Mr. Singer, Barb Beedle, Judy Harper, Janet Kruizinga, Dave Hohner, Emma Haring, Lenor Carpenter; ROW 4: Nancy Oezer, Becky Hoehn, Rhonda Sipkema, Pat Justice, Jeff Drescher, Mike Anderson, Larry Davis.



## the kv science fair

It started with a run on library materials for ideas. Even the dark room was in demand for a gas electron excelleration project. Then ideas started being put together and became a reality the day of the "fair." A warm roast beef dinner greeted visitors who had made several rounds of the gym visiting exhibits from the elementary schools through the senior high.

Crowds gathered often by the northwest corner where chicken manure was being made into gas to power a combustion engine. Bells rang, lights flashed, fires flamed and all were amazed by the spectacle.



SCIENCE CLUB. ROW 1: Kent Fase, Rich Wallin, Trudi Johnson, Ed Stockman; ROW 2: Kurt Burnett, David Crim, David Bryon, Ray Gouwens, Tom Lovely, Mark Efferts, Mr. Plomaritis; ROW 3: Mark Tysen, Greg Hohner, Larry Postma, Roy Gouwens, Tom Marcom, Larry Donis; ROW 4: Brian Hohner, Keith Peregrine, Tim Mitchell, Joan Kingma, Richard Bryan; ROW 5: Deb Schultz, Glenda Welch, Pam Campbell, Sandy Kaeb, Tanya Williams, Lori Curr, John McIntosh.







Fruition of a full year's activity and effort for Sunshine Girls came with the donation of a wheel chair for use throughout the community and the presenting of a check to the Wheat-field Volunteer Ambulance Service. Both projects received funds from the sale of popcorn, candy, and candy apples at all home football and basketball games.

Sunshine work balanced well with social activities, led off by a chips and coke ice breaker for freshmen girls in September. Initiation soon followed. Then came the annual Christmas Dance, the Mother-Daughter Salad Bar, Daddy Date Night, and a slumber party occupying the entire first floor of KVHS. To end the season, the club held the Ideal Lady's Tea in May.



Kankakee Valley sent its members to both the district and state conventions of Sunshine Girls this year.

TOP: Sophomores. BOTTOM: Freshmen.





TOP: Seniors. BOTTOM:  
Juniors.



# SUNSHINE SOCIETY

## night of the dragon

"The Night of the Dragon" proved to be a night to remember for KV juniors and seniors. May 5 saw the Class of '74 hosting the seniors to their annual prom at Halleck Center, St. Joseph's College Rensselaer.

Ninety couples delighted in Oriental atmosphere and handled chopsticks for the first time. Focal point for the decorations was a group of Ming trees and a bamboo bridge. Admonishing guests was a sign on the bridge, which read: "Maximum weight 5 ounces."

General Chairman was John Conley, junior class president. John presided over the creation and placement of Oriental lanterns, miniature Buddhas and Giesha girl replicas, parasols, fans, and wall hangings of carp. The banquet ended with a snap as each guest broke open his fortune cookie to learn what the future held.

The immediate future for all was dancing to the strains of Syndicate-V amid Oriental splendor until midnight.







## BASEBALL

VARSITY BASEBALL, ROW 1: Tim Schultz, John Spurgeon, Tim McClugage, Ron Harring, Brian Meyers, ROW 2: John Compton, Lance Cheever, Kieth Peregrine, Jeff Spurgeon, ROW 3: Coach Patty, Ray Rozhon, Mike Hanley, Bill Tillema, Dan Hamstra, Coach Smock.



### VARSITY BASEBALL SCORES

	KV	OPP
Lowell # 1	5	15
# 2	2	12
Winimac	0	2
Knox	4	7
West Central	0	5
Twin Lakes	1	2
Rensselaer	4	2
Wheeler	1	3
South Newton	0	5
North Judson	0	2
Rensselaer	3	5
Kouts	0	7
Morgan Twp # 1	2	0
# 2	5	3
North White	1	11
North Newton	5	3
Portage	9	0
Frontier	1	4



### JV BASEBALL SCORES

	KV	OPP
Lowell	5	7
Crown Pt.	3	25
Winimac	1	3
Wheeler	10	7
Rensselaer	3	4
Tri-County	0	11
North Newton	4	10
Portage	1	9

JUNIOR VARSITY BASEBALL, ROW 1: Larry Donis, Ron Harring, John Spurgeon, Steve Compton, Mike Willoughby, Randy Holtberg, ROW 2: Kieth Peregrine, Rusty Beedle, Mitch Orsburn, Tim Schultz, Bill Nemeth, ROW 3: Coach Smock, Dan Hamstra, Bill Tillema, Al Hamstra, Tom Warfel, Coach Patty.



GOLF TEAM, KNEELING: Jeff Pierson, Mike Shroeder, Chuck Liebbe, Keith Coffey, John Britt, Brian Liebbe, STANDING: Coach Hine, Dan Meyers, Brian Bierma, Frank Olis, John Christopher, Randy Parks, Jerry Lauriat, John Roorda, Randy St. John, Dave Bryan, Jet Traster, Bill Wonorski.



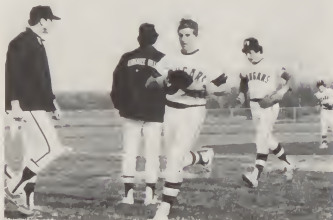
#### VARSITY GOLF SCORES

	KV	OPP
Lowell	211	207
Knox	206	226
South Newton	207	199
Rensselaer	205	152
Winimac	209	199
East Gary	207	205
Rensselaer	225	178
Knox	186	185
North Judson	186	192
Calumet	193	194
Hanover		
Central	213	198
River Forest	207	243
South Newton	352	359
Northwest		
Hoosier Conf.	3rd place	

#### JV GOLF SCORES

South Central	221	221
Rensselaer	223	270

## GOLF



# t r a c k



**GIRLS' TRACK** — ROW 1: Julie Barker, Rose Anderson, Debbie Thomason, Cathy Capouch, ROW 2: Loretta Richie, Shirely Boxersma, Barb Beedle, Karen Richie, Janet Stonebraker, ROW 3: Brenda DeVries Mgr. Sandy Fase, Julie Spurgeon, Margaret Stimple, Lisa Halliwell, Shirley Duttlinger, Bev Brouwer, Joyce Bierma, Donna DeVries, Coach Pantos.



**BOYS' TRACK** — ROW 1: Randy Van Kley, Jeff Burns, Jim Lewis, Randy Ricker, Mike Bittick, Gary Bristol, Ronnie Patrick, Larry Coffey, Ed Jamieson, Willis Pettet, ROW 2: Coach Tibbie, Milan Knezivic, Rick Helton, Randy Leudtke, John Conloy, Coach Nimitz, ROW 3: Dale Evans, Bob Nuss, Bert Howard, Randy Popplewell, Kim Hopkins, Randy Scott, Earl Bristol.

## BOYS' TRACK SCORES

	KV	OPP
Valporaiso	13	
(3-way meet)		
North Judson	44	83
North Newton	67	54
South Newton	38	89
Hebron Relays 4th		
Winamac	34 1/2	92 1/2
South Newton		
Relays 4th		
Northwest		
Hoosier conf. 5th		
Bi-County 4th		
West Central	70 2/3	55 1/3

## GIRLS' TRACK SCORES

	KV	OPP
Lake Central	22	
(3-Way meet)		
Kouts	75	33
North Judson	80	34
Lowell	46	64
Hanover Cntral	87	23



## winter sports banquet

Food everywhere — not even the stoutest athlete could manage to sample everything. Another banquet and awards program starts. The cafeteria fills to capacity and then some more. Only 20 minutes later, the invocation marks the beginning of the trip through the gym to the food tables. In the auditorium, after the eating, those coveted awards for outstanding athletic service are presented before proud Kougars and parents. Steve Sytsma needed help carrying his five varsity awards off the stage. The awards were very important to many students this year; a "building year."







“it was all over — 12 long years  
in one and a half short hours.”



It all started with a unique Senior Class picture — with two Mr. Pyskas and two Mrs. Hangers. Then came practice for the first baccalaureate, commencement exercises held out on the football field. We were finally beginning to realize that our high school days were coming to an end.

Garbed in burgandy, we made our way onto the field, while the band played the traditional “Pomp and Circumstance,” with Dean Barker our special student following in a wheelchair. The sun was warm and the wind was gusty, it took a few more hats with every try.

After the address to the graduates by Reverend August Tellinghuisen, the salutatorian address by Tanya Williams, and the valedictorian address by Carol Deardorff, it was finally time to receive our diplomas.

Then ... it was all over — 12 long years in one and a half short hours.





# 73



set me adrift in a sea of hope —

Mel Bozell  
Earl Daniel Bristol  
Beverly Jean Brouwer  
Kris Brown  
David Lee Bryan  
Pamela Rae Campbell  
Sheila Carmichael



Lenor Rose Carpenter  
Thomas Eugene Carr  
Sandy Carter  
Mary H. Castle  
Lance M. Cheever  
Michael Coffey  
John R. Compton





Earl Alderson  
Jeri Lynn Anderson  
Michael K. Anderson  
Deborah L. Bachman  
Dean Barker  
Barbara Ann Beedle



Kerry Gene Belstra  
Brian Lee Bierma  
Terri Sue Blaszyk  
Shirley Ann Boersma  
Karen Sue Bormann  
Edward O. Born

i'll set my sail to a new horizon.



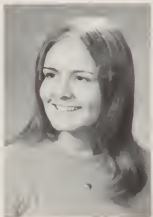
Roger Lee Corbin  
Cindie Crawford



Robert L. Culbreth  
Lori Ann Curr



Ada Faye Curtis  
Sheila Elizabeth Davis  
Carol Lynn Deardorff



Cheryl Lynn DeBourbon  
Kharon Davis  
Phyllis J. DeFries



# WE ARE THE SENIORS

... who showed the way for the  
"lowly underclassmen".

... who took the time to prepare for  
graduation.

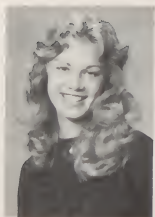
... who came to know the workings  
of KVHS and to speak its language  
fluently.

... who realized that there really is a  
final grading period.

... who asked the million dollar  
question, "What now?"

Maybe we didn't have the greatest year in our lives, and maybe better years are coming, but this year is the year we'll always remember.

Yes, we are the Seniors, the "Class of 73."



Valerie Jean DeGraff

Larry DeKock



Dave DeVries

Jeffrey J. Dresher



Randall B. Evans

Rick Evans

Kent R. Fasse



Ron Ferguson

Randall R. Fletcher

Thomas L. Fletcher

Marjorie Eileen Fredel  
Cindy Goemaat  
Donald Gulbransen  
Richard J. Hamstra



Marilyn Fritts  
Pamela M. Goetz  
Felicia Dawn Halliwell  
Janet Lee Hanaway



Flora Ann Gilbert  
Patty Ann Grilley  
David Hamstra  
Dave Hanewich



Donna E. Glisic  
Richard Groen  
Ginny Ann Hamstra  
Michael Dean Hanewich





Michael Hanley  
Joseph A. Hittle  
Jim Hyatt  
Bob Jones

Emma Jane Haring  
Debra Elaine Hockett  
Loretta Jacobsma  
Pamela Jean Jordan

Donna Kathleen Hazelgrove  
David E. Hohner  
Edward LeRoy Jamieson II  
Paul Joseph

Deborah Lynn Hines  
Michael Paul Huhn  
Trudi Gail Johnson  
Sandra Jean Kaeb





Rick Kaluf  
Duane Kikkert  
Joan Leslie Kingma  
Crystal Layne Klip



Ruth Knip  
Cecil J. Koselke  
Jayne Kaye Kruizenga  
Colleen Lacey



Susan Kay Lageveen  
Brenda Lewis

Jerry Lauritis  
Diane Marie Liebke



Linda Lindeau  
R. Paul Loser  
Susanne Elaine  
Lowe  
John Ludwig



Raymond Walter  
Luedtke  
Cindy Mattingly  
Farrington  
Lynda Colleen  
McCann  
John L. McIntosh



Dale McMahan  
Vanessa Kay Miller

Randy Mehay  
Timothy J. Mitchell



SENIOR CLASS OFFICERS: Lance Cheever, Pam Campbell, Dan Stalbaum, Earl Bristol.

Phyllis Kay Moolenaar  
 Rebecca Sue Morris  
 Carol Louise Musch  
 Kathy Lyn Musch  
 Dennis Ray Nagel  
 Jean A. Nannenga  
 Kathy Newbury



Andrew D. Odle  
 Phyllis Ann Ooms  
 Frank J. Olis  
 Elizabeth Overbeeke  
 Nancy Patterson  
 Ken Peregrine  
 Randall Ray Pierce



Marv Porter  
 Betty Jean Postma  
 Ron J. Rector  
 Judy K. Reno  
 Loretta Richie  
 Kathy Minda Riggie  
 Raymond Rozhon



Bruce Ruisard  
 Norma Russell  
 Deborah Helen Schultz  
 Simon Lee Sipkema  
 Jeffrey Alan Spurgeon  
 H. Dan Stalbaum  
 Michael L. Stalbaum









Robert Stalbaum  
Kim Starkey  
Edward Martin Stockman  
Debbie Sullivan



Steven R. Sytsma  
James Rx Szabo  
Betty Jean Terpstra  
Randy Thomason





Richard F. Wallin



Donna Marie Wantola  
Tanya Lee Williams  
Janet R. Yost  
Deborah Ellen Yurkovich

# senior index

**Earl Anderson** — V. Pres 1; Football 1,2,3; Golf 2,3,4; Track 1; AV 3; Band 1; Bleacher Bums 2; F.F.A. 1,2,3,4; Letterman 2,3,4; Swing Choir 3.  
**Jeri Lynn Anderson** — Powder Puff Football 1,3,4; Band 1,2,3,4; Heart Fund Board 3,4; NHS 3,4; Pep Band 1,2,3; Pep Club 1,2; SSS 1,2,3,4.  
**Michael K. Anderson** — Track 1,2; DECA 3,4; Art Club 2,3; French Club 2,3; Pride Staff 4.  
**Deborah L. Bachman** — Pep Club 1,2,3; Spanish Club 1; SSS 3,4.  
**Barbara Ann Beedle** — Powder Puff Football 1,4; FTA 2,3,4; GAA 1,2,3,4; Treas. 3,4; Heart Fund Board 1,2,3,4; Lab Ass't. 2; Pep Club 1,2,3; Pom Pom 3; Pride Staff 4; Science Club 2; SSS 1,2,3,4; Play Crew 3,4; Ecology Club 4.  
**Kerry Gene Belstra**  
**Brian Lee Bierma** — Pres. 3; Football 1,2,3,4; Basketball 1,2; Wrestling 2,3,4; Golf 3,4; French Club 3; Letterman 3,4, V. Pres. 4; Band 1; NHS 4.  
**Terri Sue Blaszczyk** — Sec. 1; Powder Puff Football 1,3,4; Homecoming Queen Court 1; Pep Club 1; SSS 1,2,3,4.  
**Shirley Ann Boersma** — Powder Puff Football 1,3,4; Art Club 4; Drama Club 4; FTA 1,2,3,4; GAA 1,2,3,4; NHS 3,4; Office Girl 4; Pride 4; Science Club 2; SSS 1,2,3,4, Recording Sec. 2, Pres. 4; Play Crew 3,4.  
**Karen Sue Borman** — Powder Puff Football 1,3,4; DECA 3,4, V. Pres. 3; Office Girl 2; Pep Club 1,2; Pom Pom 2; SSS 1,2,3,4.  
**Edward O. Born** — AV 4; Bleacher Bums 1,2; FFA 2,3,4.  
**Mel Bozell** — Class Officer 1; Basketball 1; Football 1,2,3,4; Wrestling 1,2,3; Track 1,2,3,4; AV 1,2,3; Bleacher Bums 1,2,3,4; Chorus 2,3; Drama Club 4; Letterman 2,3,4; Play Crew 3,4; Pride 3; Swing Choir 3.  
**Earl Daniel Bristol** — Pres. 4; Basketball 1; Football 1,2,3,4, Captain 4; Track 1,2,3,4; Wrestling 2,3,4; AV 4; Bleacher Bums 2,3; Letterman 1,2,3,4; Science Club 2; Student Council 1.  
**Beverly Jean Brouwer** — Powder Puff Football 3,4; Art Club 4; Chess Club 2; Drama Club 4; FFA Sweetheart Candidate 2; French Club 2; FTA 3,4; GAA 3,4; Math Club 2; NHS 3,4, Treas. 4; Office Girl 4; Pep Club 1,2,3; Play 3; Pride Staff 4; Science Club 3; SSS 1,2,3,4; Swing Choir 3; Play Crew 4.  
**Kris Brown** — Powder Puff Football 1,3,4; Art Club 4.  
**David Lee Bryan** — Football 1,2; Golf 3,4; Bleacher Bums 3; Chess Club 4; French Club 1,2; Lab Ass't. 4; Science Club 3,4.  
**Pamela Rae Campbell** — V. Pres. 4; Band 1; Cheerleader 2; FTA 3; Office Girl 4; Pep Club 1,2,3, Pres. 3; Science Club 4; SSS 1,2,3,4.  
**Sheila Carmichael** — Powder Puff Football 1; Art Club 3; Chorus 1,3; GAA 1,2; Pep Club 2; SSS 1,2,3,4.  
**Lenor Rose Carpenter** — Drama Club 4; Ecology Club 4; Pom Pom 3; Pep Club 2,3; Pride Staff 4; SSS 1,2,3,4.  
**Thomas Eugene Carr** — Baseball 3,4; Bleacher Bums 3; Letterman 3,4.

**Sandy Carter** — Art Club 4.  
**Mary H. Castle** — Powder Puff Football 1; Art Club 3,4, Treas. 4; Chess Club 3; Chorus 3,4, Ass't. 4; GAA 1,2; Homecoming Queen Court 1; Pep Club 1,2; Play 3; SSS 1,2,3,4, Recording Sec. 4.  
**Lance M. Cheever** — Treas. 4; Basketball 1; Cross Country 2,3,4; Football 1; Golf 2,3,4; AV 4; Band 1,2,3,4; Letterman 2,3,4; Pep Band 1,2,3,4; Play 4; Pride 3,4; Spanish Club 2,3.  
**Michael Colfer** — Football 1,2; Golf 2,3; Track 1; Bleacher Bums 3,4, V. Pres. 4; Letterman 2,3,4; Play 3,4; Science Club 2,3; Spanish 1,2.  
**John R. Compton** — Baseball 1,2,3,4; Football 1,2,3,4; Boys' State 3; Drama Club 4; Lab Ass't. 2,3; Letterman 3,4, Sec. 4; Newspaper 4; NHS 3,4; Play 3,4; Science Club 2; Spanish Club 3,4, V. Pres. 3.  
**Roger Lee Corbin** — Football 1,4; Basketball 1; Wrestling 4; Letterman 4; Chess Club 4, Treas. 4.  
**Cindie Crawford** — Chorus 1,2,3,4; Drama Club 1,2,4; Newspaper 1,2,4; Play 1,2,3,4; Pom Pom 2; Pride 4; Swing Choir 2.  
**Robert L. Culbreth** — Baseball 1,4; AV 2,3,4; Bleacher Bums 3; Chess Club 2,3,4; Pride Staff 3; Science Club 2,3; Swing Choir 3.  
**Lori Ann Curran** — Powder Puff Football 3,4; Art Club 3; Drama Club 4; FTA 4; Math Club 2,4; Newspaper 4; NHS 3,4; Pep Club 3,4; Play 4; Science Club 4; SSS 4; Ecology Club 4.  
**Ada Faye Curtis** — Powder Puff Football 2,3; Art Club 4; Chorus 2,3; SSS 2,3,4.  
**Kharon Davis** — Band 1; Cheerleader 1,2; GAA 1; Pep Club 1,2; SSS 1,2,3.  
**Sheila Elizabeth Davis** — Art Club 4; Drama Club 4; Pep Club 1,2,3,4; Play Crew 3,4; Pride 4; SSS 1,2,3,4.  
**Carol Lynn Deardorff** — Pres. 2; Powder Puff Football 1,3,4; FFA Chapter Sweetheart 2; FTA 3; Girls' State 3; Betty Crocker Award 4; Vo. Ag. Secretary 3,4; Math Club 3; NHS 3,4; Pep Club 1; Pride Staff 3,4, Index Ed. 3, Class Ed. 4; Student Council 1,2, Treas. 2; SSS 1,2,3,4; Ecology Club 4, Pres. 4; Valedictorian 4.  
**Cheryl Lynn DeBourbon** — Art Club 3; Cheerleader 1; Chess Club 3; French Club 2,3; Library Ass't. 4; Pep Club 1,2,3,4; Play Crew 4; SSS 1,2,3,4.  
**Phyllis J. DeFries** — Band 1,2,3,4; NHS 3,4; Spanish Club 1,3,4, Treas. 3; P.E. Ass't. 4.  
**Valerie Jean DeGraff** — Powder Puff Football 3; Chess Club 2; Homecoming Queen Court 1; Pep Club 1,2,3; Pride 3; Science Club 3; Student Council 3, Sec. 3; SSS 1,2,3,4; Swing Choir 3; Heart Fund Candidate 1.  
**Larry DeKock** — FFA 2,3,4.  
**Dave DeVries** — Wrestling 2,3; Art Club 4; AV 3,4; Bleacher Bums 1,2; FFA 3,4; Science Club 2; Spanish Club 1.  
**Dolly Drake** — Powder Puff Football 1; GAA 1; Pep Club 2; Pom Pom 4; SSS 1,2,3,4.  
**Jeffrey J. Dresher** — Bleacher Bums 3; Pep Club 1; Ecology Club 4.  
**Randall B. Evans** — Art Club 4; Bleacher Bums 1,2,3; FFA 3,4; Lab Ass't. 3; Spanish Club 3.  
**Rick Evans** — Baseball 1; Basketball 2; Football 2,3,4; Letterman 4.  
**Cindy Mattingly Farrington** — Band 2,3; Chorus 1,2,3; DECA 3,4; SSS 3,4.  
**Kent R. Fase** — V. Pres. 1; Golf 2,3,4; Bleacher Bums 2,3; Boys' State 3; Lab Ass't. 2,3,4; Math Club 2,3,4; NHS 3,4, V. Pres. 4; Science Club 2,

3,4, Pres. 4; Spanish Club 1.  
**Ron Ferguson** — Art Club 3,4; DECA 3.  
**Randall R. Fletcher** — Football 1.  
**Thomas L. Fletcher** — Track 2,4; Art Club 4; AV 3,4; Camera Club 3,4; Drama Club 4; Letterman 2; Play 4; Pride Staff 3,4; Ecology Club 4.  
**Marjorie Eileen Fredel** — Chorus 2,3.  
**Marilyn Fritts** — Art Club 2,3,4; Chorus 3; GAA 1,2; Pep Club 1,2; SSS 1,2,3,4.  
**Flore Ann Gilbert** — Art Club 3; Pep Club 1; SSS 1,2.  
**Donna E. Glisic** — Art Club 2,3,4; Pep Club 1.  
**Cindy Goemaat** — Chess Club 2; FTA 2,3,4, V. Pres. 4; Science Club 3,4; SSS 2,3,4.  
**Pamela M. Goetz** — GAA 1,2; Library Ass't. 4; Pep Club 1,2; Pom Pom 1; Science Club 3,4; Spanish Club 2; SSS 1,2,3,4.  
**Patty Ann Grifley** — Cheerleader 4; Pep Club 1,2,3; SSS 2,3,4; P.E. Ass't. 3,4.  
**Richard Green** — Wrestling 1; Art Club 2; Bleacher Bums 2,3.  
**Donald Gulbransen** — Track 2; Lab Ass't. 4; Science Club 1; Spanish Club 1; Ecology Club 4.  
**Felicia Dawn Halliwell** — Powder Puff Football 1,3,4; Art Club 2,3,4; DECA 3,4; GAA 1,2,3,4, Pres. 4; Pep Club 1; Pride Staff 4, Art Ed. 4; SSS 1,2,3,4; Art Ass't. 4; P.E. Ass't. 2,3,4.  
**David Hamstra** — Band 1,2,3,4; FFA 3,4; Spanish Club 3.  
**Ginny Ann Hamstra** — Powder Puff Football 3; DECA 3,4; GAA 3; Student Council 1; SSS 1,2,3,4; Play Crew 4.  
**Richard J. Hamstra** — Football 1; Track 1; AV 2; Science Club 2, Pres. 2.  
**Janet Lee Hanaway** — Powder Puff Football 1,2; Art Club 1,2,3,4; Chorus 2,3; GAA 1,2; Pep Club 1,2; SSS 1,2,3,4.  
**Dave Hanewich** — FFA 1,2,3,4, Sec. 4; NHS 3,4; Woodshop Ass't. 4.  
**Michael Dean Hanewich** — Baseball 4; AV 3; FFA 2,3,4, Treas. 4.  
**Michael Hanley** — Baseball 1,2,3,4; Basketball 1,2,3; Football 1,2,3,4; AV 2; Letterman 1,2,3,4; Pride Staff 3.  
**Emma Jane Haring** — Band 1,2,3,4; FTA 2,3,4; GAA 1; Pep Band 1,2; SSS 1,2,3,4; Ecology Club 4.  
**Donna Kathleen Hazelgrove** — SSS 1,2,3,4; NHS 4.  
**Debra Elaine Hines** — Chess Club 2; FTA 2; Library Ass't. 2; Newspaper 2; Office Girl 3,4; Science Club 3; SSS 1,2,3,4.  
**Joseph A. Hittle** — Baseball 3,4; Band 1,2,3,4; Lab Ass't. 2,3; NHS 3,4; Letterman 4; Math Club 3,4; Pride Staff 3; Spanish Club 3,4; Swing Choir 3.  
**Debra Elaine Hockett** — Powder Puff Football 1,3; AV 3,4; Cheerleader 2, Co. Capt. 2; Pep Club 1,2; Pride Staff 2, Co. Capt. 2.  
**David E. Hohner** — AV 2; FFA 1,2,3,4; Pep Club 1,2; Ecology Club 4.  
**Michael Paul Huhn** — Bleacher Bums 2,3,4; Science Club 2; Science Club 2,3, Pres. 3.  
**Jim Hyatt** — Ecology Club 4.  
**Loretta Jacobsma** — SSS 1,2,3,4.  
**Edward LeRoy Jamieson II** — Cross Country 1,2,3,4; Track 1,2,3,4; AV 1; Bleacher Bums 2,3,4; Drama Club 4; French Club 3; Letterman 2,3,4; Spanish Club 1.  
**Trudi Gail Johnson** — Chorus 1; Drama Club 1,2,3,4, Sec. 1,2; French Club 2,3,4; FTA 1,2;

Newspaper 1,2; NHS 2,3,4; Office Girl 2; Pep Club 1,2; Play 1,2,3,4; Pride Staff 4; Science Club 2,3,4; Sec. 4; SSS 3,4.

Bob Jones — Football 1; AV 2,3; Play 4; Ecology Club 4.

Pamela Jean Jordan — Pep Club 1,2.

Paul Joseph — Baseball 3.

Sandra Jean Kaeb — Chess Club 2; Drama Club 4; FTA 3,4; Pep Club 1,2; Science Club 4; SSS 3,4.

Rick Kaluf — Basketball 1; Football 1; Track 1,2,3; Letterman 1,2,3,4; Science Club 2; Student Council 2.

Duane Kikkert — Bleacher Bums 2,3,4; NHS 3,4; FFA 2,3,4.

Joan Leslie Kingma — Editor of Kougat Pride 4; GAA 1,2,3,4; French Club 3,4; FTA 1,2,3; Play 2,3; ass't director 4; Drama Club 2,3,4; Vice-Pres 4; Sunshine 2,3,4; Powder Puff Football 2,3,4; Pep Club 3; DECA 3, Pres. 3; Science Club 4; Office Girl 4.

Crystal Layne Klip — French Club 2,3; FTA 3,4, Sec. 3,4; GAA 1; Girls' State 3; Heart Fund Board 1,2,3,4; Math Club 2,3; NHS 3,4, Sec. 3; Pep Club 1,2; Science Club 2; SSS 1,2,3,4, Treas. 2.

Ruth Knip — Powder Puff Football 4; Chorus 2; Pep Club 2; Spanish Club 2; SSS 1,2,3,4; P.E. Ass't 3,4.

Cecil J. Koselke — Science Club 3; Spanish Club 2.

Jayne Kaye Kruizenga — Art Club 4, Sec. 4; Homecoming Queen Court 3; Pep Club 3,4, Sec. 4; Science Club 2; Spanish Club 2; SSS 1,2,3,4.

Colleen Lacey — Cheerleader 3; French Club 1,2; FTA 2; Pep Club 1,2; Pom Pom 3; Folk Club 2,3; NHS 4.

Susan Kay Lageveen — Pres. 1,2; Sec. 2; Art Club 3,4, Treas. 3; Cheerleader 1,2; GAA 1,3; Homecoming Queen Court 1; Office Girl 4; Pep Club 1,2; Pride 3,4; Student Council 1; SSS 1,2,3,4.

Jerry Lauritis — Basketball 2; Cross Country 2; Football 1; Track 3; AV 1; Bleacher Bums 2; Letterman 3.

Brenda Lewis — Chorus 1,2,3; DECA 3,4; Library Ass't. 1,2; Pep Club 1,2; Play Crew 4; SSS 2,3,4; Swing Choir 3.

Diane Marie Liebke — Band 1,2,3,4, Treas. 4; FTA 3,4; NHS 3,4; Pep Band 1,4; Pep Club 1; Science Club 3; Spanish Club 2; SSS 2,3,4.

Linda Lindau — DECA 3,4, Sec. 3, Pres. 4; FTA 1,2,3; NHS 3,4; SSS 1,2,3,4; French Club 2.

Paul Loser — DECA 4; Track 3; Baseball 2,3.

Susanne Elaine Lowe — Art Club 3,4; Chess Club 2; Chorus 2; DECA 3,4, V. Pres. 4; Drama Club 4; FTA 2,3; Office Girl 4; Pep Club 1,2,3,4; Play Crew 3,4; Pride Staff 4, Ass't. Ed. 4; Student Council 4; SSS 1,2,3,4; NHS 4.

John Ludwig — Track 1; Football 1,2,3,4; Letterman 4; Art Club 2,3,4, V. Pres. 4; Swing Choir 3.

Raymond Walter Luedtke — Football 3,4; Wrestling 2,3,4; Bleacher Bums 3; Chess Club 3, Pres. 3; Letterman 4; Pres. 4; Science Club 3; Student Council 4, V. Pres. 4.

Linda Colleen McCann — Powder Puff Football 3; AV 3; Camera Club 2,3; Chorus 1; Drama Club 2,3,4; FTA 1,2,3,4; Lab, Ass't. 4; Newspaper 1,2,3,4, Ass't. Ed. 3, Ed. 4; Pep Club 1,2; Play 2,3,4; Spanish Club 3,4; SSS 3,4; Swing Choir 3; Latin Club 1.

John L. McIntosh — Boys' State 3; Chess Club 2,3,4, Pres. 4; Library Ass't. 1; Math Club 3,4; NHS 3,4; Science Club 2,3,4, Sec. 3; Spanish Club 2,3,4; Latin Club 1.

Dale McMahon — Band 1,2,3,4; Pep Band 1,2,3,4; Jazz Band 4; Cross Country 1.

Randy Mehay — Basketball 1; Football 1; Track 2; Art Club 4; Band 1,2; Bleacher Bums 3; French Club 2.

Vanessa Kay Miller — Sec. 1; Chorus 1,2,3; DECA 3,4; Pep Club 1,2; Play 2; Pom Pom 1,2; Student Council 1,2; SSS 3,4; Lib. Ass't. 2.

Timothy J. Mitchell — Bleacher Bums 1,2; Chess Club 2; Drama Club 4; French Club 3,4; FTA 2,3,4; Math Club 3,4; Newspaper 4; NHS 3,4, Pres. 4; Play 2,3,4; Pride 4, Photo Ed. 4; Science Club 2,3,4; Student Council 1,3,4, Pres. 4; Swing Choir 3.

Phyllis Kay Moolenaar — Art Club 4; Band 1; FTA 1,2,3,4; Math Club 2; NHS 3,4; Pep Club 3; Science Club 3; Spanish Club 1; SSS 1,2,3,4; Play Crew 4.

Rebecca Sue Morris — DECA 3,4, Sec. 4; Drama Club 4; SSS 1,2,3,4; Ecology Club 4.

Carol Louise Musch — Chorus 2; Pep Club 3,4; SSS 1,2,3,4.

Kathy Lyn Musch — Chorus 2; Pep Club 3,4; SSS 1,2,3,4.

Dennis Ray Nagel — Band 1,2,3,4; Spanish Club 2.

Jean A. Nannenga — FFA Sweetheart Candidate 3; FTA 2,3,4; Heart Fund Candidate 2; Science Club 3; Spanish Club 2,3; SSS 1,2,3,4.

Kathy Newbury — Pep Club 3; SSS 2,3,4.

Andrew D. Odle

Frank J. Ollis — V. Pres. 3; Basketball 1; Cross Country 3,4; Football 1; Golf 3,4; Track 1,2; Letterman 3,4.

Phyllis Ann Ooms — Powder Puff Football 3,4; Pep Club 1,2,3,4; Play Crew 3,4; SSS 1,2,3,4.

Elizabeth Overbeek — FTA 4; Office Girl 4; Play Crew 4; SSS 1,2,3,4.

Nancy Patterson — Powder Puff Football 1,2; DECA 3,4, Treas. 3,4; GAA 1,2,3, Sec. 3; NHS 3,4; SSS 1,2,4.

Ken Peregrine — Football 1,2,3,4; Track 1,2,3,4; Wrestling 2,3,4; Bleacher Bums 2,3; FFA 1,2,3,4, Reporter 4; Letterman 2,3,4; Student Council 3.

Randall Ray Pierce — Track 1,2,3; Wrestling 2; Bleacher Bums 2,3; DECA 3,4; Letterman 1,2,3,4.

Marv Porter — Sports Team Mgr. 1; Bleacher Bums 1,2; FFA 2,3,4.

Betty Jean Postma — Art Club 4; French Club 1,2; FTA 1,2,3,4; Library Ass't. 4; Pep Club 3; Science Club 3; SSS 1,2,3,4; Play Crew 4; NHS 4.

Ron J. Rector

Judy K. Reno — DECA 3,4.

Harold Ritchie

Loretta Richie — Treas. 1,3; Powder Puff Football 3,4; Band 1,2,3,4, Pres. 4; FTA 2,3,4; GAA 4; Lab Ass't. 2; NHS 3,4; Pep Band 1,2; Pep Club 1,2,3; SSS 1,2,3,4, Treas. 3.

Kathy Minda Riggall — Art Club 3,4, V. Pres. 3; Cheerleader 2,3; FFA Chapter Sweetheart 3; FTA 2; Heart Fund Candidate 3; Homecoming Queen Court 2,3; Homecoming Queen 4; Pep Club 1,2,3; Spanish Club 2,3.

Raymond Rozhon — Baseball 3,4; FFA 1,2,3,4.

Bruce Ruisard — Basketball 1,2; Cross Country 1,2,3,4; Track 1,2,3; AV 4; Bleacher Bums 3;

Letterman 2,3,4; Science Club 2; Ecology Club 4.

Norma Russell — DECA 3,4; Library Ass't. 4.

Deborah Helen Schultz — Treas. 2; Powder Puff Football 3; FTA 2,3,4; Office Girl 4; Science Club 3,4; Spanish Club 2; Student Council 2; SSS 1,2,3,4.

Simon Lee Sikkema — Bleacher Bums 1; Drama Club 3; FFA 2,3,4.

Jeffrey Alan Spurgeon — Treas. 1; Baseball 1,3,4; Basketball 1,2,3,4; Football 1,2,3,4; Track 1,2; Band 1,2,3,4; Bleacher Bums 1,2; Chess Club 2; French Club 1; Letterman 2,3,4; Science Club 1,2.

H. Dan Stalbaum — Sec. 4; FFA 1,2,3,4, V. Pres. 3, Pres. 4; NHS 3,4; Student Council 1,3.

Michael L. Stalbaum — Football 3,4; FFA 1,2,3,4; Letterman 4.

Robert Stalbaum — Football 3,4; FFA 1,2,3,4; Letterman 4.

Kim Starkey — Powder Puff Football 3; Art Club 3,4; SSS 1,2,3,4.

Edward Martin Stockman — Bleacher Bums 1,2,3; Drama Club 4; FTA 3,4; Lab Ass't. 4; Play 3,4; Pride 4; Science Club 1,2,3,4, V. Pres. 4.

Debbie Sullivan — Powder Puff Football 1; Cheerleader 3; GAA 1; Pep Club 1,2,3,4; SSS 1,2,3,4.

Steven R. Sysma — Baseball 1,2,3,4; Basketball 1,2,3,4, Capt. 4; Cross Country 3; Football 1; Track 1; Bleacher Bums 2,3,4; Drama Club 4; Letterman 1,2,3,4; NHS 2,3,4; Play 4; Science Club 2,3,4.

James Szabo — Football 1,2; Art Club 3,4; Science Club 4; Spanish Club 3.

Betty Jean Terpstra — Powder Puff Football 1,3,4; Drama Club 4; FTA 1,2,3,4; GAA 3,4; Homecoming Queen Court 1; Office Girl 4; Pep Club 1,2,3; Pride Staff 4; Science Club 2; Student Council 4, Treas. 4; SSS 1,2,3,4; Play Crew 3,4.

Randy Thomason

Richard F. Wallin — Bleacher Bums 2,3; Drama Club 4; FTA 3,4, Treas. 3; Lab Ass't. 4; Math Club 2,3,4; NHS 3,4; Play 3,4; Pride Staff 3,4, Ad. Ed. 4; Science Club 2,3,4, Treas. 3,4.

Donna Marie Wantola — V. Pres. 2; Powder Puff Football 3; Band 1; Cheerleader 2,3; Chorus 3; FTA 2,3,4; GAA 1; Homecoming Queen Court 3; Office Girl 3; Pep Club 1,2,3; Pride 3; SSS 1,2,3,4.

Larry Williams

Tanya Lee Williams — Chess Club 2,3; Chorus 1; Drama Club 1,4; French Club 3,4; FTA 2,3,4, Pres. 3,4; Lab. Ass't. 2,3; Library Ass't. 2,3; Math Club 2,3,4; Newspaper 1,2,3,4; NHS 3,4; Pride 4; Science Club 3,4; Spanish Club 3,4, Pres. 4; SSS 3,4; Salutatorian 4.

Janet R. Yost — GAA 1; SSS 4.

Deborah Ellen Turkovich — Sec. 3; Powder Puff Football 3,4; Drama Club 4; French Club 4, V. Pres. 4; NHS 3,4; Lab. Ass't. 3; Math Club 2; NHS 3,4, Sec. 4; Play 4; Science Club 2; Spanish Club 3,4, Sec. 3, V. Pres. 4; SSS 3,4, Treas. 4; DAR Award 4.



# Z

# 4



1. Andy Anderson, 2. Mike Anderson, 3. Rose Anderson, 4. Shirley Baggerly 5. Connie Belstra, 6. Mary Belstra, 7. Betty Bierma, 8. Mike Bird, 9. Mike Bittick, 10. Donna Bowers, 11. Gary Bristol, 12. Donna Bubalo, 13. Judy Bulington, 14. Ginny Burger, 15. Curt Burnette.

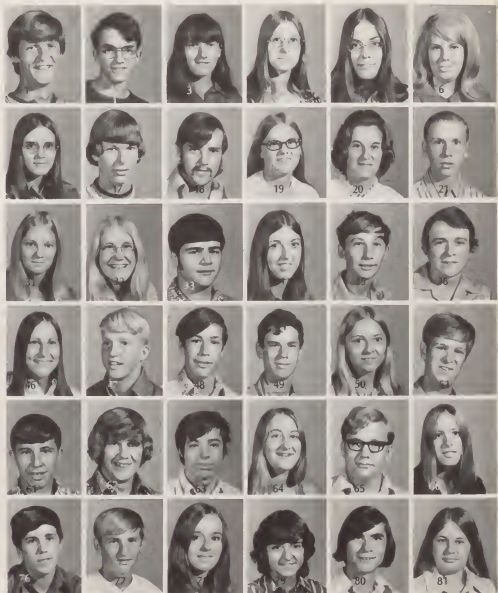
16. Cathy Capouch, 17. Ronnie Cates, 18. Frank Chernowsky, 19. Carolyn Clutts, 20. Patricia Collins, 21. Kenneth Compton, 22. Darlene Conley, 23. David Conley, 24. Johnny Conley, 25. Scott Cornet, 26. David Crim, 27. Larry Davis, 28. Debbie Davenport, 29. Rich DeKock, 30. Donna J. DeVries.

31. Donna S. DeVries, 32. Joellyn DeYoung, 33. Jim Donnelly, 34. Virginia Doty, 35. Bruce Dreshed, 36. Don Drum, 37. Jan Duttlinger, 38. Shirley Duttlinger, 39. Chris Enlow, 40. Larry Fieldhouse, 41. Annette Fischer, 42. Carol Glass, 43. Roy Gouwens, 44. Kathy Granat, 45. Deborah Gray.

46. Terri Groet, 47. Randall Gross, 48. Dan Hamstra, 49. Clif Haring, 50. Rose Harrington, 51. Bruce Hartlerode, 52. Doug Henrichs, 53. Dwight Hicks, 54. Marvin Hofferth, 55. Diana Hoffman, 56. Kathy Hoffman, 57. Greg Hohner, 58. Rick Holley, 59. Colleen Holtberg, 60. Bert Howard.

61. John Hubbeling, 62. Ken Huhn, 63. Lloyd Hunsaker, 64. Kim Hunter, 65. Mark Jabaay, 66. Debbie Jefferson, 67. Rex Jones, 68. Vernon Jonkman, 69. Lynn Jungels, 70. Henery Justice, 71. Doug Kaeb, 72. Linda Keller, 73. John Kennedy, 74. Linda Kenning, 75. Walter Kerns.

76. Doug Ketchum, 77. Don Ketchum, 78. Karen Kiersma, 79. Kathy Koster, 80. Nick Kour, 81. Merrolyne Lapsley, 82. Greg Lovell, 83. Ronnie Mak, 84. Jim Martin, 85. Henery Mattingly, 86. Mike Keditz, 87. Vicki Miller, 88. Wanda Mills, 89. Barb Misch, 90. John Mucha.









CLASS OFFICERS: Phil Terborg, Merrolyne Lapsley, John Conley, Bev Ooms.



1. Rhonda Murphy, 2. Chip Murray, 3. Bev Musch, 4. Edna Nannenga, 5. Mary Nannenga, 6. Nancy Oezer, 7. Bev Ooms, 8. Mitch Orsburn, 9. Tim Phelps.

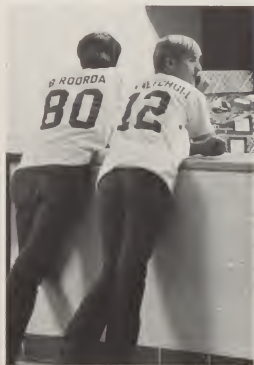
10. Celeste Pierson, 11. Larry Postma, 12. Jim Reno, 13. Cheryl Riggie, 14. Karen Robinson, 15. Sharon Robinson, 16. Bob Roorda, 17. John Roorda, 18. David Ruisard.

19. Jim Sabuda, 20. Sue Sayers, 21. Calvin Schoon, 22. Linda Sculley, 23. Loretta Simmons, 24. Mark Simmons, 25. Diane Sipkema, 26. Rhonda Sipkema, 27. Susan Slawnikowski.

28. Debbie Smith, 29. Julie Spurgeon, 30. Dale Stalbaum, 31. Dawn Stalbaum, 32. Jack Stark, 33. Dave Stepp, 34. Carol Sterk, 35. Randy St. John, 36. Steve Stubblefield.

37. Barb Swart, 38. Jim Swart, 39. Phil Terborg, 40. Cindy Tolliver, 41. Mark Tysen, 42. Arthur Vankley, 43. Denise VanSwol, 44. Rob Veden, 45. Becky Walden.

46. Jim Walker, 47. Gary Walsrta, 48. Luann Walstra, 49. Wayne Wilder, 50. Jud Wilson, 51. Bill Wireman, 52. Jim Wood, 53. Pete Zicherl.





# 75

1. Randy Allen, 2. Robin Armstrong, 3. Terry Armstrong, 4. Joe Banks, 5. Julie Barker, 6. Ron Barnette, 7. Rusty Beedle, 8. Sherry Benton, 9. Joyce Bierma, 10. Karen Birky, 11. Rex Bitters, 12. Jim Bormann, 13. Bob Bors, 14. John Britt, 15. Cheryl Bryan.

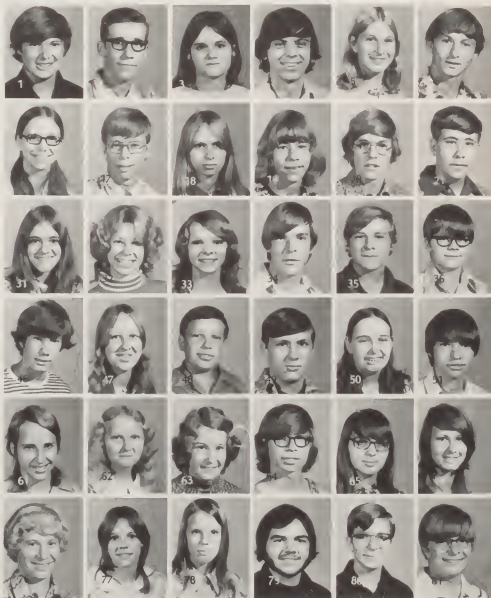
16. Angeline Bubalo, 17. Jeff Burns, 18. Sara Carter, 19. Mark Chandler, 20. Laine Cheever, 21. John Christopher, 22. Terri Clark, 23. Larry Coffey, 24. Tom Colbert, 25. Phyllis Compton, 26. Ray Conley, 27. Arlene Cooper, 28. Jeff Cooper, 29. Debbie Crouch, 30. Jeannie Curtis.

31. Kema Deeburg, 32. Cathy DeGraff, 33. Babs DeMoss, 34. Bill DeVries, 35. Russell Drum, 36. Paul Duttlinger, 37. Barb Dykhuizen, 38. Sandy Fase, 39. Randy Ferguson, 40. Rusty Ferguson, 41. David Fieldhouse, 42. Robert Gard, 43. Terry Gasper, 44. Dwayne Gibson, 45. Roxanne Gilbert.

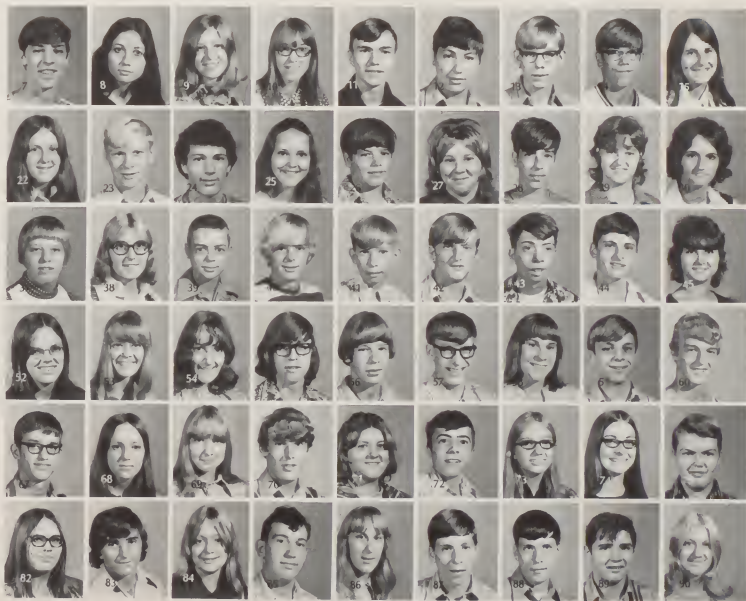
46. Tim Gobbie, 47. Laura Goemaat, 48. Ray Gouwens, 49. Larry Granat, 50. Jackie Green, 51. Jeff Grevenstak, 52. Mary Halliwell, 53. Marilynne Hamstra, 54. Judy Harper, 55. Bob Hawkins, 56. Rickie Helton, 57. Rocky Hilton, 58. Becky Hoehn, 59. Brian Hohner, 60. Kim Hopkins.

61. Millie Jacobsma, 62. Marlene Jones, 63. Luann Jonkman, 64. David Jungels, 65. Pat Justice, 66. Janet Kampenga, 67. Don Kenning, 68. Pamela Ketchum, 69. Marla King, 70. Mark Kingma, 71. Phyllis Kingma, 72. Larry Klemp, 73. Luann Klemp, 74. Kathy Klip, 75. Marty Knip.

76. Jack Longstreht, 77. Marcie Knopf, 78. Janet Kruienga, 79. Scott Lacey, 80. Dan Lewis, 81. Brian Liebbe, 82. Teresa Long, 83. John Lynch, 84. Denise Machon, 85. Brian Mak, 86. Carol Mak, 87. Gary Mares, 88. Terry Mares, 89. Kurt Marquardt, 90. Debbie Marshall.









1. Phyllis Matthews, 2. Kathleen McClugage, 3. Robert McGill, 4. Brian McIntosh, 4. Mike Medina, 6. Kathy Meditz, 7. Rich Meeks, 8. Bill Mehay, 9. Linda Miller, 10. Nancy Miller, 11. Kathy Misch, 12. Ann Mosier, 13. Tom Mitchell, 14. Cindy Muriada, 15. Brian Meyers.



16. Jeff Meyers, 17. Debra Nagel, 18. Cathy Nelson, 19. Cindy Nelson, 20. Bill Nemeth, 21. Darlene Niehof, 22. Brannon Odle, 23. Daren Odle, 24. Brenda Owens, 25. Randy Parker, 26. Ron Patrick, 27. Peggy Patterson, 28. Jim Pelegrino, 29. Debbie Peregrine, 30. Keith Peregrine, 31. Randy Popplewell.



CLASS OFFICERS: Marla King, Bill Wonorski, Roger Porter, Bill Nemeth.





1. Roger Porter, 2. Ralph Postma, 3. Marla Pruis,  
4. Jeff Pullins, 5. Donald Radtke, 6. Cheryl Rice.

7. Andy Richards, 8. Paul Ricker, 9. Glenda Rithie,  
10. Carol Robinson, 11. Milt Roorda, 12. Larry  
Rozhon.

13. Lucy Sabuda, 14. Janet Schultz, 15. Cathy  
Schoon, 16. Tim Schultz, 17. Randy Scott, 18.  
Mary Shidler.

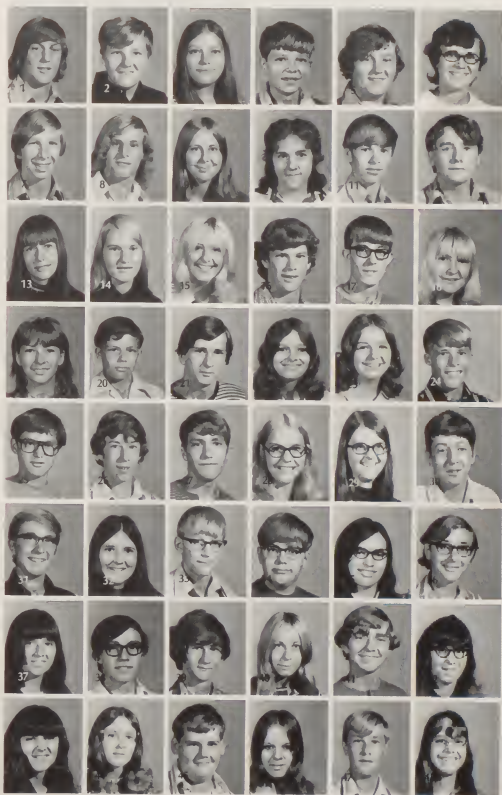
19. Suzy Shidler, 20. Dan Sipkema, 21. Ralph Sip-  
kema, 22. Cindy Smith, 23. Maureen Spriggs, 24.  
John Spurgeon.

25. Mack Stansberry, 26. Kirby Starkey, 27.  
George Stein, 28. Vicki Stien, 29. Margaret Stim-  
ple, 30. Larry Stroup.

31. Scott Summers, 32. Brenda Terborg, 33. Bill  
Tillema, 34. John Traster, 35. Cynthia VanHouten,  
36. Fred Van Schepen.

37. Tina Walters, 38. Roger Watson, 39. Kevin  
Wells, 40. Kim Whitaker, 41. Joe Williams, 42.  
Beverly Wireman.

43. Ethel Wireman, 44. Vickey Wireman, 45. Bill  
Wonorski, 46. Doreen Wood, 47. Bruce Woude-  
ma, 48. Cheryl Yurkovich.





# 76

1. Dale Ahlemeir, 2. Bonnie Anderson, 3. Dave Babcock, 4. Matt Babcock, 5. Laura Bachman, 6. Linda Bachman, 7. Pamela Baggerly, 8. Dennis Barnett, 9. James Barrera, 10. Glen Barwegen, 11. Carol Belstra, 12. Billy Benton, 13. Karen Blankenbaker, 14. Jim Bowers, 15. Luann Caldanaro.

16. Charlie Brown, 17. James Brown, 18. Michaelen Brown, 19. Richard Bryan, 20. Tim Burger, 21. Debbie Burns, 22. Ken Calhoun, 23. Debbie Campbell, 24. Fern Carr, 25. Fran Carr, 26. Cathy Cheever, 27. Bob Cheever, 28. Ronald Cimoch, 29. Eddie Coffey, 30. Merle Cooper.

31. Keith Coffey, 32. Steve Copton, 33. Theresa Compton, 34. Charles Conley, 35. Connie Conley, 36. Gail Conley, 37. Barbara Craig, 38. Dave Culbreth, 39. Darlene Darnall, 40. Lynn Darnall, 41. Robin Darnier, 42. Teresa Davis, 43. Sam DeBoe, 44. Linda DeBoer, 45. Janet Dykhuizen.

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61. Anita Goet, 62. Kim Green, 63. Robert Griffith, 64. Tom Groen, 65. Cindra Gross, 66. Julie Grube, 67. Alvin Hajstra, 68. Bernie Hmastra, 69. Donald Hancock, 70. Lynn Hanewich, 71. Margaret Haring, 72. Phyllis Harmon, 73. Roy Hawkins, 74. Debra Hazelgrove, 75. Randy Holtberg.

76. Ken Hazlett, 77. Janice Henning, 78. Randall Haring, 79. Debby Hixon, 80. Linda Hoffman, 81. Debra Holland, 82. Roger Homier, 83. Cheryl Howard, 84. Mike Howard, 85. Regina Howes, 86. David Hubbeling, 87. Dianna Huhn, 88. Jay Hunter, 89. Joe Hurler, 90. Larry Joseph.

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CLASS OFFICERS: Chris Jungels, Mark Lageveen, Jill Krutzenga, Roger Walden.







1. George Koselke, 2. Jill Kruienza, 3. Rita Kurtz, 4. Patrick Laceyfield, 5. Mark Lageveen, 6. Larry Laster, 7. Jim Lewis, 8. Chuck Liebbe, 9. David Lindzy.

10. Sophia Lock, 11. Donna Long, 12. Chuck Lovely, 13. Debbie Lovely, 14. Jim Ludwig, 15. Randy Luedtke, 16. Bob Mak, 17. Tom Marcum, 18. Christy McBride.

19. Sandy McCann, 20. Tim McCulage, 21. Peggy McKim, 22. Doris Meditz, 23. Terry Messer, 24. Lavona Mills, 25. Anna Misch, 26. Clayton Molden, 27. Brenda Moolenaar.

28. Kevin Mosher, 29. Dan Myers, 30. Joey Myers, 31. Billy Nanenga, 32. Kathy Nannenga, 33. Art Newbury, 34. Bob Nuss, 35. Debbie Owens, 36. Darrell Patton.



37. Arthur Peterson, 38. Bobbie Peterson, 39. Willis Pettet, 40. Joanne Polomchak, 41. Ed Rains, 42. Dan Ray, 43. Kathy Rector, 44. Myron Rhodes, 45. Marcia Richards.



46. Karen Richie, 47. Charles Riggle, 48. Debbie Rose, 49. Linda Rozhon, 50. Chuck Ruisard, 51. Jeannette Russell, 52. Dennis Sayers, 53. Mike Schroeder, 54. Colleen Schultz.

55. Debra Shelton, 56. Byron Shull, 57. Wanda Smith, 58. Patricia Spriggs, 59. David Stalbaum, 60. Janet Stonebraker, 61. John Sterk, 62. John Sumara, 63. Larry Summers.

64. Lori Swart, 65. Terri Swart, 66. Terry Swisher, 67. Steven Taukett, 68. Scott Terpstra, 69. Tim Thomas, 70. Debbie Thomason, 71. Debbie Thompson, 72. Wayne VanHouten.

73. Cindy Van Keppel, 74. Janet VanKley, 75. Randy VanKley, 76. Roger Walden, 77. Don Walker, 78. Mike Walstra, 79. James Warfel, 80. Thomas Warfel, 81. Kenneth Whitaker.

82. Larry White, 83. Brenda Williams, 84. Sharon Williams, 85. Daddin Williamson, 86. Mike Willoughby, 87. Tim Wireman, 88. Luanne Zea, 89. Kent Zylstra, 90. Debbie Nannenga.







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### Dedication

Lord, make me a channel of thy peace;  
That where there is hatred —

I may bring love.

That where there is wrong —

I may bring the spirit of forgiveness.

That where there is discord —

I may bring harmony.

That where there is error —

I may bring truth.

That where there is doubt —

I may bring faith.

That where there is despair —

I may bring hope.

That where there are shadows —

I may bring light.

That where there is sadness —

I may bring joy.

Lord, grant that I may seek rather to comfort —  
than to be comforted;

To understand —

than to be understood;

To love —

than to be loved;

For

It is by giving —

that one receives;

It is by self-forgetting —

that one finds;

It is by forgetting —

that one is forgiven;

It is by dying —

that one awakens to eternal life.

Amen

— Francis of Assisi



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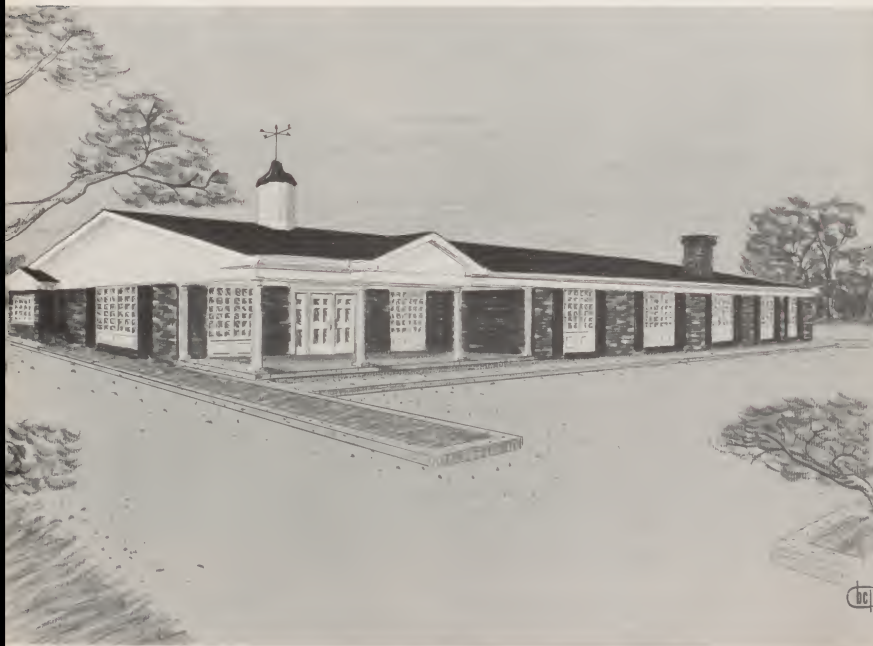
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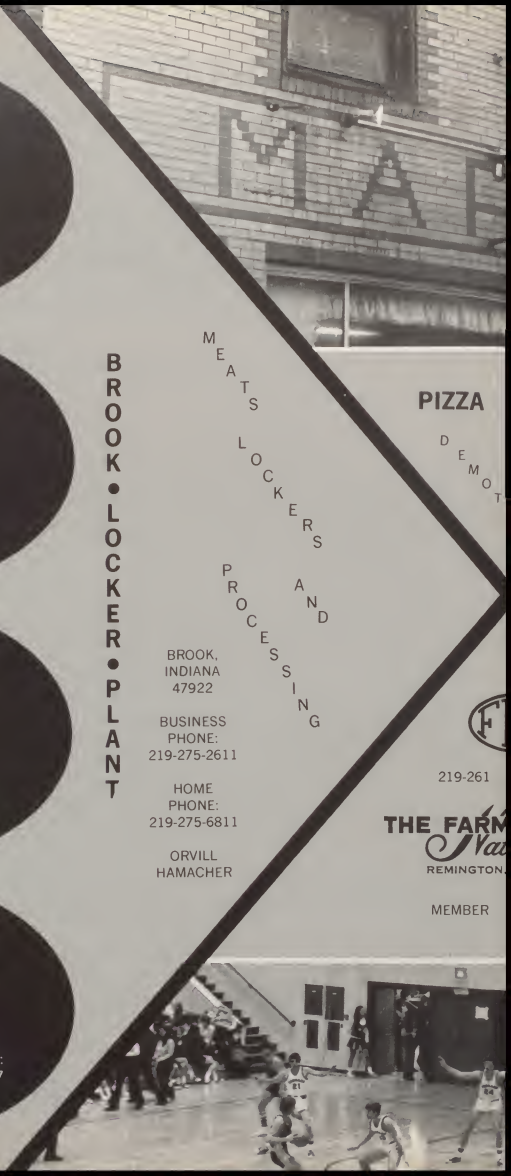
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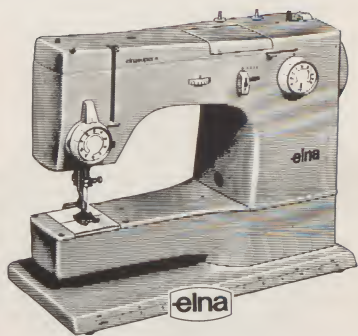
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kvhs  
winter  
wonderland









lunchtime is  
funtime,  
lovetime, and  
chowtime





## the staff dwindled, almost died . . .

The staff dwindled, almost died, but found enough life to barely get out the *Kougar Pride* in time. Apathy knifed even the most enthusiastic attempts at organization. Sales dropped, advertisers were reluctant, and talent hid. Three business managers in succession could not put together a budget between them. Long hours with only two or three staff members mustered was the rule, not exception. But more effort by those who kept going gives the *Pride* more of just that ingredient indicated in its name. We work on hopes that our efforts not acknowledged during the year will be rewarded with pride in a good product for our friends at KV.



**KOUGAR PRIDE STAFF:** TOP RIGHT: Betty Overbeeke, Merolynne Lapsley, Ads; MIDDLE: Mr. Koenig, Advisor; MIDDLE RIGHT: Cindie Crawford, Copy Assistant; Kim Hunter, Assistant Class Editor; BOTTOM LEFT: Trudi Johnson, Subscription Editor; Sue Lagaveen, Art Assistant; BOTTOM RIGHT: Lisa Halliwell, Art Editor; Not shown: Greg Hohner, Index Editor, (73-74 Editor-in-Chief); Lenor Carpenter, Ads.





**KOUGAR PRIDE STAFF:** TOP LEFT: Susanne Lowe, Assistant Editor; MIDDLE LEFT: Joan Kingma, Editor-in-Chief; BOTTOM LEFT: Rich Wallin, Advertisements; Shirley Beersma, Business; TOP RIGHT: Carol Deardorff, Class Editor; MIDDLE RIGHT: Tanya Williams, Ed Stockman, Tim Mitchell, Photographers; BOTTOM RIGHT: Jan Duttlinger, Copy Editor.



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Thanks to all.

Joan Kingma  
Susanne Lowe







the 1990s, the number of people with a diagnosis of schizophrenia has increased in the United Kingdom (Meltzer and Peck 1998). This has led to a growing reliance on the use of drugs to manage the condition.

There is a growing awareness of the need to improve the management of people with schizophrenia. The National Institute for Clinical Excellence (NICE) has published guidelines for the management of schizophrenia (NICE 2002). These guidelines recommend that people with schizophrenia should be treated with a combination of medication and psychological interventions. The guidelines also recommend that people with schizophrenia should be treated in a community setting, rather than in a hospital. This is because people with schizophrenia who are treated in a community setting are more likely to have a good outcome (Meltzer and Peck 1998).

One of the main aims of the guidelines is to ensure that people with schizophrenia are treated in a way that is based on the best available evidence. This means that the guidelines are based on a review of the literature, and on the views of experts in the field. The guidelines also take into account the needs of people with schizophrenia, and the views of their families and carers.

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